

Monday

Soup	VEG	Carrot and sweet potatoes cream	(carrot, sweet potatoes, onion, butter, cream)
Main 1		Turkey goulash with pasta	(chicken breast, flour, cream , ground paprika, onion, pasta)
Main 2		Thai beef meat with broccoli and rice	(beef meat, broccoli, garlic, soya sauce, fish sauce , potato starch, ginger, rice)
Main 3	VEG	Aubergine-tomato masala with coriander cous cous	(onion, aubergine, turmeric, coriander, thyme, garlic, peeled tomatoes, cous cous)
ALLERGY FREE*		Turkey goulash with rice	(chicken breast, rice flour, ground paprika, onion, rice)
Salad	VEG	Salad with baked pumpkin and mozzarella	(pumpkin, carrot, buckwheat, raddicchio lettuce, mozzarella , olive oil, balsamico, honey)
Sandwich		Baguette with ham, cheese and egg	(baguette , pork ham, cheese, eggs , tomatoes, soft cheese)

Tuesday

Soup		Chicken consommé with pasta	(celery , carrot, onion, parsley, pasta , chicken meat)
Main 1		Indian chicken butter sauce curry with rice	(chicken breast, yoghurt , ginger, garlic, vindaloo, butter , garam masala, tomato purée, saffron, bay leaves, rice)
Main 2		Roast pork with bread dumplings and cabbage	(pork meat, onion, flour , garlic, cumin, eggs , cabbage, sugar, bread , yeast, milk)
Main 3	VEG	Vegetable casserol with roasted potatoes	(seasonal vegetable, red and white beans, herbs, potatoes)
ALLERGY FREE*		Vegetable casserol with roasted potatoes	(seasonal vegetable, red and white beans, herbs, potatoes)
Salad		Pasta salad with chicken meat and fresh vegetables	(pasta , yoghurt , mayonnaise , chicken meat, cucumber, peppers, corn)
Sandwich	VEG	Baguette with olive pesto and mozzarella	(baguette , olives, mozzarella , rucola, basil, olive oil)

Wednesday

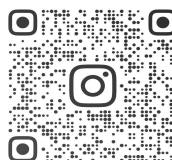
Soup	VEG	Red lentil and chickpea soup	(chickpea, red lentil, onion, peeled tomatoes, coriander)
Main 1		Chicken gyros with tzatziki and pita bread	(chicken meat, gyros spice, cucumber, cream , pita bread)
Main 2		Chinese twice cooked pork with rice	(pork meat, ginger, soya sauce , potato starch , onion, leek, pepper, rice)
Main 3	VEG	Cauliflower patties with cheese, pumpkin purée and butter corn	(cauliflower, egg , breadcrumbs , herbs, cheddar cheese , corn, butter , pumpkin, potatoes, milk)
ALLERGY FREE*		Chicken gyros with rice pilaf	(chicken meat, gyros spice, rice, carrot, chickpea, spring onion, coriander)
PM Snack	VEG	Breadroll with egg spread	(" kaiserka " breadroll , egg , mayonnaise , parsley)
Salad		Poke salad with tuna and bean pods	(rice, rice vinegar, bean pods, baby spinach, tuna , cucumber, sprouts, lime)
Sandwich		BLT sandwich	(sandwich bread , mayonnaise , bacon, tomatoes, lettuce)

Thursday

Soup	VEG	Spinach soup	(spinach, potatoes, onion, cream , garlic)
Main 1		Turkey with creamy vegetable "svíčková" sauce and bread dumplings	(turkey meat, thyme, bay leaf, carrot, celery , flour , butter , all spice, oil, mustard , lemon, cream , bread , yeast, milk , egg)
Main 2		White fish with tomatoes, mozzarella and basil, mashed potatoes and cucumber	(white fish , dried tomatoes, basil, potatoes, milk , butter cucumber, dill)
Main 3	VEG	Spinach frittata with salad	(potatoes, spinach, cream , egg , onion, cheddar cheese)
ALLERGY FREE*		Pork risotto and gherkins	(pork meat, rice, carrot, green pea, parsley, onion, peeled tomatoes, gherkin)
Salad	VEG	Tomato salad with peppers and avocado	(tomatoes, green pepper, red onion, avocado, coriander, lemon juice, romaine cumin)
Sandwich		Reuben sandwich	(sandwich bread , roastbeef, mayonnaise , mustard , gherkins, cabbage, cheddar cheese)

Friday

Soup	VEG	Czech kulajda	(cream , eggs , onion, mushrooms, dill, vinegar, potatoes, caraway seeds, flour)
Main 1		Spaghetti Bolognese	(pasta , beef meat, peeled tomatoes, onion, carrot, garlic, celery , bayleaves, tomato purée, parmesan cheese)
Main 2		Pork patties with cabbage, crushed potatoes and baby carrots	(pork meat, cabbage, onion, garlic, marjoram, egg , breadcrumb , flour , potatoes, milk , butter , vegetable)
Main 3	VEG	Palak paneer with rice	(paneer cheese , onion, spinach, garlic, cream , spice, herbs, rice)
ALLERGY FREE*		GF Spaghetti Bolognese	(GF pasta, beef meat, peeled tomatoes, onion, carrot, garlic, celery , bayleaves, tomato purée)
Salad		Potato salad with cream fresh, pea and smoked salmon	(potatoes, pea, cream fresh , capers, dill, smoked salmon)
Sandwich	VEG	Sandwich with baby spinach, cheddar cheese and egg	(sandwich bread , cheddar cheese , egg , butter)



fresh & tasty
by Záhřní Group

* suitable for intolerance to three main allergens (gluten, lactose and eggs)