

Monday

Soup	VEG	Pumpkin and tomato soup	(pumpkin, onion, carrot, celery , ginger, thyme, honey, peeled tomatoes)
Main 1		Baked turkey breast with gravy, mashed potatoes and corn	(turkey meat, thyme, garlic, onion, potatoes, milk, flour, butter)
Main 2		Beef bourgignon with potato gnocchi	(beef meat, bay leaf, celery , thyme, onion, all spice, flour, milk, butter , carrot, tomato, mushrooms, anocchi)
MENU 3	VEG	Caponata with cous cous	(herbs, carrot, oil sugar, tomato, capers, celery , basil, cous cous)
ALLERGY FREE*		Caponata with rice	(herbs, carrot, oil sugar, tomato, capers, celery , basil, rice)
Salad	VEG	Mixed salad with sundried tomatoes	(peppers, lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic, parmesan cheese , olive oil)
Sandwich		Baguette with smoked salmon	(baguette , smoked salmon , cream cheese , butter , chives)

Tuesday

Soup	VEG	Czech potato soup	(potatoes, celery , onion, garlic, cumin, marjoram, flour , carrot, mushrooms)
Main 1		Beef meat with garlic sauce, potato dumplings and spinach	(beef meat, onion, garlic, flour , oil, pepper, salt, potatoes, milk, egg , spinach)
Main 2		Creamy potato bake with chicken meat, broccoli and corn	(potatoes, chicken meat, broccoli, corn, cream, parmesan cheese , nutmeg)
MENU 3	VEG	Vegetarian burrito with cheddar cheese and mix of lettuce	(tortilla, lettuce, carrot, onion, sweet potatoes, cauliflower, beans, cheddar cheese, bbq sauce, coriander)
ALLERGY FREE*		GF pasta with red pepper sauce	(GF pasta, onion, red peppers, peeled tomatoes, basil)
Salad		Caesar salad with eggs, croutons and parmesan cheese	(romaine lettuce, spice, egg, bread croutons, parmesan cheese, mayonnaise, anchovies, mustard)
Sandwich		Brussels baguette	(baguette , chicken breast, roasted onion, blue cheese)

Wednesday

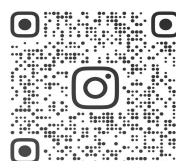
Soup		Cabbage soup with sausage	(cabbage, onion, caraway seed, flour, sausage, cream , bayleaves, ground paprika, potatoes)
Main 1		Fish fingers with mashed potatoes and steamed pea	(white fish, eggs, flour, milk, breadcrumbs , potatoes, pea)
Main 2		Chicken murgh makhani with rice	(chicken meat, yoghurt , onion, tomatoes, garlic, butter, cream , cinnamon, garam masala, rice)
MENU 3	VEG	Cauliflower masala with coriander cous cous and red lentil	(cauliflower, spice, herbs, cous cous , red lentil)
ALLERGY FREE*		Baked white fish with chickpea, zucchini and dried tomatoes	(white fish , herbs, lemon juice, chickpea, zucchini, dried tomatoes, garlic, olive oil)
Salad	VEG	Beluga lentil with tofu and vegetable	(buluga lentil, red lentil, onion, pepper, gherkin, herbs, tofu , dried tomatoes, capers)
Sandwich		Sandwich with camembert spread	(sandwich bread, camembert cheese, egg , ham, onion, mayonnaise)

Thursday

Soup		Beef consommé with noodles	(beef meat, celery , carrot, parsley, noodles)
Main 1		Beef with creamy vegetable "svíčková" sauce and bread dumplings	(beef, carrot, celery , onion, oil, all spice, cream, flour, bread , yeast, milk, egg)
Main 2		Slovak gnocchi "halušky" with smoked pork meat and cabbage	(gnocchi , onion, sugar, oil, bacon, cabbage, pork smoked meat, potatoes, eggs, milk, flour)
MENU 3	VEG	Chinese noodles with vegetables	(noodles, egg , leek, cabbage, mushrooms, red onion, soya sprouts , bamboo sprouts, spring onion, soya sauce, oyster sauce, hoisin sauce, sesame oil , oil, garlic)
ALLERGY FREE*		Beef in aubergine sauce with rice	(beef meat, turmeric, coriander, thyme, garlic, peeled tomatoes, rice)
Salad		Vegetable salad with tuna and mango dip	(iceberg lettuce, lolo roso salad, radicchio, corn, tomato, pepper, tuna , red onion, mango, sweet chilli, coriander)
Sandwich	VEG	Wrap with mozzarella, tomatoes and olives	(tortilla , iceberg lettuce, rucola, mozzarella , tomatoes, dried tomatoes pesto, olives)

Friday

Soup	VEG	Cauliflower with eggs and potatoes	(onion, cauliflower, cream, flour, eggs , potatoes)
Main 1		Turkey paprikash with pasta	(turkey meat, peppers, onion, ground paprika, flour , garlic, marjoram, pasta)
Main 2		Chicken Rissoto with tomatoes	(rice, celery , chicken meat, onion, cloves, olive oil, tomatoes, carrot, parmesan cheese)
MENU 3	VEG	Coconut curry with vegetable and rice	(pumpkin, chickpea, sugar, pea, sprouts, bamboo, coriander, coconut milk, coconut, cream, rice)
ALLERGY FREE*		Chicken Rissoto with tomatoes	(rice, celery , beef meat, onion, cloves, olive oil, tomatoes, carrot)
Salad	VEG	Greek salad	(peppers, olives, cucumbers, tomatoes, feta cheese)
Sandwich		Baguette with chicken gyros and cucumber	(baguette , chicken meat, gyros spice, cucumber, mayonnaise)



* suitable for intolerance to three main allergens (gluten, lactose and eggs)