

Monday

Soup	VEG	Creamy tomato soup with tarhoňa pasta	(cream, tarhoňa pasta, garlic, onion, carrot, celery, peeled tomatoes, basil)
Main 1		Baked turkey breast with herbs, mashed potatoes and baby carrot	(turkey meat, thyme, garlic, onion, potatoes, milk, flour, butter, baby carrot)
Main 2		Hoisin beef with vegetable and chinese noodles	(beef meat, hoisin sauce, soybeans, yellow radish, onion, soya sprouts, potatoe starch, coriander)
Main 3	VEG	Bulgureto with vegetable and cheese	(bulgur, carrot, celery, pea, corn, chickpea, cheese, crushed tomatoes)
ALLERGY FREE*		Baked turkey breast with herbs and rice	(turkey meat, thyme, onion, rice flour, herbs, rice)
PM Snack	VEG	Cottage cheese cake with raisins	(flour, egg, butter, milk, cottage cheese, baking powder, sugar, oil, raisins)
Salad	VEG	Cous cous salad with fresh vegetables	(cous cous, red peppers, cucumber, tomatoes, coriander, lemon)
Sandwich		Sandwich with smoked salmon and chives spread	(sandwich bread, smoked salmon, chives, spread butter)

Tuesday

Soup		Turkey consommé with noodles	(turkey, carrot, celery, onion, parsley, noodles)
Main 1		Roast chicken strips with vegetable and corn nachos / rice for EY	(chicken meat, beans, peppers, corn, corn nachos/rice)
Main 2		Pork goulash with bread dumplings	(pork meat, flour, onion, ground paprika, garlic, marjoram, egg, milk, yeast, bread)
Main 3	VEG	Greek zucchini cake with feta cheese and beetroot salad	(zucchini, onion, dill, cheese, butter, oil, egg, beetroot, salad)
ALLERGY FREE*		Roast chicken strips with vegetable and corn nachos	(chicken meat, beans, peppers, corn, rice)
PM Snack	VEG	White or fruit yoghurt PARK LANE / Peach yoghurt with honey	(yoghurt, honey, peach)
Salad	VEG	Avocado salad with cheese	(cucumber, avocado, cherry tomatoes, onion, lettuce, balkan cheese, soya sauce)
Sandwich		Club sandwich	(sandwich bread, iceberg lettuce, tomato, bacon, chicken meat, egg, mayonnaise)

Wednesday

Soup	VEG	Minestrone soup	(celery, onion, zucchini, carrot, tomato, olive oil)
Main 1		Baked meat with gravy and rice	(beef meat, onion, butter, flour, herbs, rice)
Main 2		BBQ chicken leg with baked potatoes and coleslaw salad	(chicken meat, spice, BBQ sauce, oil, potatoes, carrot, cabbage, mayonnaise, mustard, vinaigrette)
Main 3	VEG	Sweet buns with vanilla sauce	(flour, yeast, eggs, vanilla pudding, milk)
ALLERGY FREE*		Tuna rissoto	(tuna, rice, pea, corn, carrot, turmeric, spring onion, herbs)
PM Snack		Breadroll with ham and cucumber	(breadroll, ham, cucumber, spread butter)
Salad	VEG	Pasta salad with fresh vegetable, pesto and olives	(pasta, tomato, cucumber, pepper, dried tomatoes, basil, olive oil, garlic, olives)
Sandwich		Reuben sandwich with shredded pork	(sandwich bread, pork meat, mayonnaise, mustard, gherking, cabbage, cheddar cheese)

Thursday

Soup	VEG	Czech potato soup	(potatoes, celery, onion, garlic, cumin, marjoram, flour, carrot, mushrooms)
Main 1		Pasta with tomato-basil sauce	(pasta, cheese, oil, tomatoes, onion, garlic, basil)
Main 2		Beef with creamy dill sauce and bread dumplings	(beef meat, cream, dill, egg, flour, bread, yeast, milk)
Main 3	VEG	Broccoli patties with mashed potatoes and steamed corn	(broccoli, egg, breadcrumbs, herbs, cheddar cheese, corn, butter, potatoes, milk)
ALLERGY FREE*		GF pasta with tomato-basil sauce	(GF pasta, oil, tomatoes, onion, garlic, basil)
PM Snack		Pizza "snail"	(puff pastry, ham, cheese, tomatoes)
Salad		Poke salad with smoked salmon and yellow radish	(sushi rice, smoked salmon, yellow radish, pea, red cabbage, lime, coriander, sprouts, lamb's lettuce)
Sandwich		Caesar wrap	(tortilla, romaine lettuce, spice gyros, chicken meat, eggs, parmesan cheese, mayonnaise, anchovies, mustard)

Friday

Soup	VEG	Lentil soup	(lentils, flour, onion, garlic, vinegar, marjoram)
Main 1		Jamie Oliver's turkey curry with rice	(turkey, zucchini, onion, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk)
Main 2		Minced pork schnitzel with mashed potatoes and gherkin	(pork meat, flour, egg, breadcrumbs, potatoes, milk, butter, gherkin)
Main 3	VEG	Israeli aubergine shakshuka with pita bread	(aubergine, cumin, garlic, olive oil, pepper, tomatoes, egg, mozzarella, pita bread)
ALLERGY FREE*		Jamie Oliver's turkey curry with rice	(turkey, zucchini, onion, peppers, cauliflower, garlic, ginger, coriander, tomatoes, coconut milk)
PM Snack	VEG	St. Nicholas gingerbread	(flour, milk, eggs, cocoa, gingerbread spice, sugar, baking powder)
Salad	VEG	Mix of leaves salad with radish, watercress and egg	(mix of leaves salad, radish, watercress, egg, carrot, sprouts)
Sandwich		Sandwich with roastbeef and smoked cheese	(sandwich bread, roastbeef, mayonnaise, mustard, gherkin, cheese, rucola)



Monday

Soup	VEG	Vegetable cream	(carrot, parsley, celery , leek, potatoes, butter, cream , spice)
Main 1		Ham with mashed potatoes and green pea	(pork ham, potatoes, milk, butter , green pea)
Main 2		Baked beef with provencal herbs and rice	(beef meat, rice flour, thyme, rosemary, oregano, basil, marjoram, onion, tomatoes, rice)
MENU VEG.	VEG	Wok fried turmeric tofu with vegetable and saffron bulgur	(tofu , cream , soya sauce , lemon grass, ginger, turmeric, saffron, bulgur)
ALLERGY FREE*		Baked beef with provencal herbs and rice	(beef meat, rice flour, thyme, rosemary, oregano, basil, marjoram, onion, tomatoes, rice)
PM Snack	VEG	Chocolate donut	(egg, flour , yeast, chocolate , baking powder , sugar, butter , oil)
Salad	VEG	Bulgur salad with olives and cheese	(bulgur , capers, olives, lettuce, dried tomatoes, garlic, basil, olive oil, balkan cheese)
Sandwich	VEG	Baguette with cheese and salad	(baguette , soft cheese , butter , gouda , ermine cheese , mozzarella , lettuce)

Tuesday

Soup	VEG	Cream of mushrooms	(cream , mushrooms, onion, flour , thyme)
Main 1		Chicken risotto with vegetable, cheese and gherkin	(chicken meat, rice, onion, carrot, pea, corn, celery, cheese , tomato purée, ground paprika, gherkin)
Main 2		Turkey cubes with herbs, peppers and crushed potatoes	(turkey meat, butter , peppers, onion, garlic, marjoram, potato starch, potatoes, dill)
MENU VEG.	VEG	Sweet potatoes curry with pea pods and rice	(sweet potatoes, onion, string pea, olive oil, red curry, pepper, spice, tomatoes, coconut milk , chickpea, potato starch, rice)
ALLERGY FREE*		Turkey cubes with herbs, peppers and crushed potatoes	(turkey meat, oil, peppers, onion, garlic, marjoram, potato starch, potatoes, dill)
PM Snack	VEG	White or fruit yoghurt PARK LANE / Straciatella curd	(cottage cheese , chocolate , sugar)
Salad	VEG	Pasta salad with baked vegetable and yoghurt	(pasta , yoghurt , zucchini, carrot, herbs, onion, pepper)
Sandwich		Chef's tortilla	(tortilla , lettuce, egg , ham, cheese , yoghurt , tomato purée, tomatoes)

Wednesday

Soup		Vegetable consommé with noodles	(vegetable, carrot, celery , parsley, onion, noodles)
Main 1		Turkey breast with gravy and potato-pumpkin purée	(turkey breast, flour , onion, herbs, potatoes, pumpkin, milk, butter)
Main 2		Gyros mix with rice pilaf	(turkey meat, pork meat, gyros spice, salt, oil, rice, herbs, onion, carrot, chickpea, ground paprika)
MENU VEG.	VEG	Fruit dumplings with cottage cheese and butter	(flour , eggs , yeast, yoghurt , fruit, cottage cheese , butter , sugar)
ALLERGY FREE*		Gyros mix with rice pilaf	(turkey meat, pork meat, gyros spice, salt, oil, rice, herbs, onion, carrot, chickpea, ground paprika)
PM Snack	VEG	Cheesy "snail"	(flour , yeast, egg , milk , cheese)
Salad		Caesar salad with roastbeef	(romaine lettuce, roastbeef, spice, egg , bread , cheese , mayonnaise , anchovies , mustard)
Sandwich	VEG	Sandwich Caprese	(sandwich bread , tomatoes, basil, mozzarella)

Thursday

Soup		Czech pea soup	(pea, onion, marjoram, garlic)
Main 1		Meat balls with tomato sauce and pasta	(beef meat, pork meat, tomatoes, celery , bay leaves, sugar, flour , cinnamon, oil, rice)
Main 2		Baked tuna with mashed potatoes and steamed celery stalks with corn	(tuna , herbs, milk, butter , potatoes, celery stalks , corn)
MENU VEG.	VEG	Creamy risotto with mushrooms and cheese	(rice, mushrooms, butter, cream, milk , onion, herbs, parmesan cheese)
ALLERGY FREE*		Baked tuna with mashed potatoes and steamed celery stalks with corn	(tuna , herbs, LF milk, potatoes, celery stalks , corn)
PM Snack		Croissant with rucola and chicken ham	(croissant , chicken ham, rucola)
Salad	VEG	Mixed salad with sundried tomatoes	(peppers, iceberg lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic, parmesan cheese , olive oil)
Sandwich		Sandwich with chopped pork meat and cheddar	(sandwich bread , pork meat, bbq sauce, cheddar cheese , tomato purée, worchester , smoked salt)

Friday

Soup		Goulash soup	(beef meat, garlic, marjoram, flour , cumin, ground pepper)
Main 1		Beef with creamy vegetable "svíčková" sauce and bread dumplings	(beef, carrot, celery , onion, oil, all spice, cream, flour, bread , yeast, milk, egg)
Main 2		Baked chicken leg with mashed potatoes	(chicken leg, onion, butter, flour, consommé , garlic, herbs, salt, potatoes, milk)
MENU VEG.	VEG	Vegetable-beans stew with nachos	(onion, garlic, herbs, beans, carrot, tomato, oil, parsley, thyme, corn nachos)
ALLERGY FREE*		Vegetable-beans stew with nachos	(onion, garlic, herbs, beans, carrot, tomato, oil, parsley, thyme, corn nachos)
PM Snack	VEG	Homemade cottage cheese cake with crumbs	(flour, egg, milk , potato starch, cottage cheese , sugar)
Salad	VEG	Greek salad	(pepper, olives, cucumber, olive oil, tomatoes, feta cheese)
Sandwich		Baguette with chicken meat, camembert and lettuce	(baguette , chicken meat, mayonnaise , soft cheese , lettuce, camember)



Monday

Soup	VEG	Tomato with basil	(tomato, basil, carrot, onion, dried tomatoes, garlic, celery)
Main 1		Wok fried turmeric chicken with rice	(chicken meat, cream , lemongrass, garlic, fish sauce , oyster sauce , turmeric, sesame oil , rice)
Main 2		Grilled pork cutlet with crushed potatoes and pea	(pork meat, onion, herbs, potatoes, milk , green pea)
MENU VEG.	VEG	Cantonese rice with vegetables and egg	(rice, egg , leek, peppers, spring onion, zucchini, carrot, soya sauce)
ALLERGY FREE*		Grilled pork cutlet with crushed potatoes and pea	(pork meat, onion, herbs, potatoes, LF milk, green pea)
PM Snack	VEG	Homemade apple strudel	(puff pastry , apples, raisins, sugar, vanilla, cinnamon, breadcrumbs , eggs)
Salad	VEG	Nicoise	(potatoes, beans pods, olives, tomatoes, parsley)
Sandwich		Baguette with ham, cheese and egg	(baguette , pork ham, cheese , eggs , tomato, soft cheese)

Tuesday

Soup		Chicken consommé with vegetable	(carrot, parsley, celery , onion, eggs , chicken meat)
Main 1		Beef goulash with bread dumplings	(beef meat, flour , onion, ground paprika, garlic, marjoram, egg , milk , yeast, bread)
Main 2		Turkey meatloaf with mashed potatoes and steamed vegetable	(turkey meat, onion, garlic, marjoram, eggs , breadcrumb , flour , potatoes, milk , butter , vegetable)
MENU VEG.	VEG	Pumpkin frittata with spinach	(pumpkin, garlic, balcan cheese , egg , cream , milk)
ALLERGY FREE*		Moroccan chicken cubes with green olives and rice	(chicken meat, peeled tomatoe, green olives, onion, lemon, ginger, cinnamon, rice)
PM Snack	VEG	White or fruit yoghurt PARK LANE / Tapioca seeds with coconut milk and mango	(tapioca seeds, cocount milk , sugar, mango)
Salad		Chef's salad	(lettuce, tomato, cucumber, ham, egg , cheese , bread , yoghurt , tomato purée, mayonnaise)
Sandwich	VEG	Baguette with basil pesto, tomatoes and mozzarella	(baguette , mozzarella , tomatoes, basil, parmesan cheese , garlic)

Thursday

Soup	VEG	Oyster mushrooms soup	(onion, oyster mushroom, garlic, ground paprika, marjoram)
Main 1		Chicken in creamy paprika sauce with pasta	(chicken meat, onion, cream , ground paprika, oil, pasta)
Main 2		Pork schnitzel with mashed potatoes and gherkin	(pork meat, potatoes, milk , egg , butter , breadcrumbs , potatoes, gherkin)
MENU VEG.	VEG	Lentil and cauliflower dhal with rice	(lentils, rice, cauliflower, onion, garlic, vindaloo , tomato, coriander, rice)
ALLERGY FREE*		Lentil and cauliflower dhal with baked potatoes	(lentils, rice, cauliflower, onion, garlic, vindaloo , tomato, coriander, potatoes)
PM Snack		Wholegrain breadroll with chicken ham and lettuce	(wholegrain breadroll , butter , chicken ham, lettuce)
Salad	VEG	Mexican street corn salad "Esquites"	(corn, spring onion, pepper, mayonnaise , coriander, lime, garlic)
Sandwich		Baguette with roastbeef	(baguette , dried tomatoes, onion, butter , mustard , roastbeef, amazon spice, horseradish)

Thursday

Soup	VEG	Cabbage soup with sausage	(cabbage, onion, caraway seed, flour , sausage , cream , bayleaves, ground paprika, potatoes)
Main 1		Meat balls with mashed potatoes and cranberries	(pork meat, beef meat, onion, flour , breadcrumbs , egg , milk , salt, pepper, potatoes, butter , cranberries, balsamico, starch)
Main 2		Lasagne Bolognese	(pasta , beef meat, peeled tomatoes, onion, carrot, garlic, celery , bayleaves, tomato purée, butter , flour , cheese)
MENU VEG.	VEG	Indian butter curry with soya and rice	(soya meat , yoghurt , ginger, garlic, butter , garam masala, tomatoes, curry, rice)
ALLERGY FREE*		Baked cod fish with herbs and lentil salad	(cod , herbs, oil, lentils, beluga lentil, red lentil, herbs, spinach, onion, garlic, spice)
PM Snack	VEG	Cocoa cottage cheese cake "Miša "	(cottage cheese , sugar, flour , oil, egg , cocoa, baking soda, butter , chocolate)
Salad		Kenya beans salad	(sweet corn, spring onion, bacon, garlic, pepper, lettuce)
Sandwich	VEG	Sandwich with grilled vegetables and hummus	(sandwich bread , chickpea, olive oil, coriander, lemon, sesame oil)

Friday LAST DAY

Soup			
Main 1		Caesar wrap with chicken meat	(tortilla , chicken meat, romaine lettuce, mayonnaise , anchovies , garlic, parmesan cheese)
Main 2	VEG	Pizza Margherita	(flour , milk , yeast, oregano, tomatoes, oil, cheese)
ALLERGY FREE*		Mix salad with dried tomatoes	(peppers, lettuce, tomatoes, cucumber, olives, dried tomatoes, garlic)

