arklane IS ALD/NORB/	7.10 11.10. 2024	www.freshandtasty.cz/parl
onday		
ip VEG	Vegetable cream	(carrot, parsley, celery, leek, potatoes, butter, cream , spice)
ain 1	Ham with mashed potatoes and green pea	(pork ham, potatoes, milk, butter , green pea)
ain 2	Baked beef with provencal herbs and rice	(beef meat, rice flour, thyme, rosemary, oregano, basil, marjoram, onion, tomatoes, rice)
ENU VEG. VEG	Wok fried turmeric tofu with vegetable and saffron bulgur	(tofu , cream, soya sauce , lemon grass, ginger, turmeric, saffron, bulgur)
LERGY FREE*	Baked beef with provencal herbs and rice	(beef meat, rice flour, thyme, rosemary, oregano, basil, marjoram, onion, tomatoes, rice)
Snack VEG	Chocolate donut	(egg, flour, yeast, chocolate, baking powder, sugar, butter, oil)
ad VEG	Bulgur salad with olives and cheese	(bulgur , capers, olives, lettuce, dried tomatoes, garlic, basil, olive oil, balkan cheese)
ndwich VEG	Baguette with cheese and salad	(baguette, soft cheese, butter, gouda, ermine cheese, mozzarella , lettuce)
uesday		
up VEG	Cream of mushrooms	(cream , mushrooms, onion, flour , thyme)
in 1	Chicken risotto with vegetable, cheese and gherkin	(chicken meat, rice, onion, carrot, pea, corn, celery, cheese, tomato purée, ground
ain 2	Turkey cubes with herbs, peppers and crushed potatoes	paprika, gherkin) (turkey meat , butter , peppers, onion, garlic, marjoram, potato starch, potatoes, dill)
NU VEG. VEG	Sweet potatoes curry with pea pods and rice	(sweet potatoes, onion, string pea, olive oil, red curry, pepper, spice, tomatoes, coconut
ERGY FREE*	Turkey cubes with herbs, peppers and crushed potatoes	milk, chickpea, potato starch, rice) (turkey meat, oil, peppers, onion, garlic, marjoram, potatoe starch, potatoes, dill)
Snack VEG	White or fruit yoghurt PARK LANE / Straciatella curd	(cottage cheese, chocolate , sugar)
lad VEG	Pasta salad with baked vegetable and yoghurt	(pasta, yoghurt, zucchini, carrot, herbs, onion, pepper)
ndwich	Chef´s tortilla	(tortilla, lettuce, egg, ham, cheese, yoghurt, tomato purée, tomatoes)
Vednesday		
up	Garlic soup with bacon and egg	(garlic, celery, carrot, parsley, beef meat, bacon, potatoes, egg , marjoram)
ain 1	Chicken nuggets with mashed potatoes and corn	(chicken breast, flour, eggs, milk, breadcrumbs, butter, potatoes, corn)
ain 2	Segedin goulash with bread dumplings	(pork meat, cabbage, onion, flour, cream , caraway seed, yeast, eggs, bread, milk)
ENU VEG. VEG	Fruit dumplings with strawberries and cottage cheese	(flour, yeast, egg, milk, cottage cheese, strawberries, sugar, butter)
LERGY FREE*	Gyros mix with rice pilaf	(turkey meat, pork meat, gyros spice, salt, oil, rice, herbs, onion, carrot, chickpea, ground
Snack VEG	Cheesy "snail"	paprika) (flour , yeast, egg, milk, cheese)
ad	Caesar salad with roastbeef	(romaine lettuce, roastbeef, spice, egg, bread, cheese, mayonnaise, anchovies,
ndwich VEG	Sandwich Caprese	mustard) (sandwich bread , tomatoes, basil, mozzarella)
hursday		
	Chicken consommé with noodles	(celery , carrot, parsley, noodles , chicken meat)
in 1	Meat balls with tomato sauce and pasta	(beef meat, pork meat, tomatoes, celery , bay leaves, sugar , flour , cinnamon, oil, rice)
ain 2	Baked tuna with mashed potatoes and steamed celery stalks with corn	(tuna, herbs, milk, butter, potatoes, celery stalks, corn)
	Creamy risotto with mushrooms and cheese	(rice, mushrooms, butter, cream, milk , onion, herbs, parmesan cheese)
NU VEG. VEG	Baked tuna with mashed potatoes and steamed celery stalks with corn	(tuna, herbs, LF milk, potatoes, celery stalks. corn)
NU VEG. VEG ERGY FREE*		(tuna, herbs, LF milk, potatoes, celery stalks, corn) (croissant.chicken ham.rucola)
ENU VEG. VEG LERGY FREE* I Snack	Croissant with rucola and chicken ham	(croissant , chicken ham, rucola) (peppers, iceberg lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic,
ENU VEG. VEG LERGY FREE* 11 Snack ad VEG ndwich		(croissant , chicken ham, rucola)
NU VEG. VEG ERGY FREE* Snack ad VEG	Croissant with rucola and chicken ham Mixed salad with sundried tomatoes	(croissant , chicken ham, rucola) (peppers, iceberg lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic, parmesan cheese , olive oil) (sandwich bread , pork meat, bbą sauce, cheddar cheese , tomato purée, worchester ,

Soup	Goulash soup	(beef meat, garlic, marjoram, flour , cumin, ground pepper)
Main 1	Beef with creamy vegetable "svíčková" sauce and bread dumplings	(beef, carrot, celery , onion, oil, all spice, cream, flour, bread , yeast, milk, egg)
Main 2	Baked chicken leg with mashed potatoes	(chicken leg, onion, butter, flour, consommé , garlic, herbs, salt, potatoes, milk)
MENU VEG. VEG	Vegetable-beans stew with nachos	(onion, garlic, herbs, beans, carrot, tomato, oil, parsley, thyme, corn nachos)
ALLERGY FREE*	Vegetable-beans stew with nachos	(onion, garlic, herbs, beans, carrot, tomato, oil, parsley, thyme, corn nachos)
PM Snack VEG	Homemade cottage cheese cake with crumbs	(flour, egg, milk, potato starch, cottage cheese, sugar)
Salad VEG	Greek salad	(pepper, olives, cucumber, olive oil, tomatoes, feta cheese)
Sandwich	Baguette with chicken meat, camembert and lettuce	(baguette , chicken meat, mayonnaise, soft cheese , lettuce, camember)





Parklane IS VALD/NORB/KL

14.10. - 18.10. 2024

www.freshandtasty.cz/parklane

Monday		
Soup VEG	Tomato with basil	(tomato, basil, carrot, onion, dried tomatoes, garlic, celery) (chicken meat , cream , lemongrass, garlic, fish sauce, oyster sauce, turmeric, sesame
Main 1	Wok fried turmeric chicken with rice	(chicken mear, cream, remongrass, ganic, jish sauce, oyster sauce, tannenc, sesame oil, rice)
Main 2	Grilled pork cutlet with crushed potatoes and pea	(pork meat, onion, herbs, potatoes , milk, green pea)
MENU VEG. VEG	Cantonese rice with vegetables and egg	(rice, egg , leek, peppers, spring onion, zucchini, carrot, soya sauce)
ALLERGY FREE*	Grilled pork cutlet with crushed potatoes and pea	(pork meat, onion, herbs, potatoes, LF milk, green pea)
PM Snack VEG	Homemade apple strudel	(puff pastry , apples, raisins, sugar, vanilla, cinnamon, breadcrumbs, eggs)
Salad VEG	Nicoise	(potatoes, beans pods, olives, tomatoes, parsley)
Sandwich	Baguette with ham, cheese and egg	(baguette , pork ham, cheese, eggs , tomato, soft cheese)
Fuesday		
oup	Chicken consommé with vegetable	(carrot, parsley, celery , onion, eggs , chicken meat)
Main 1	Beef goulash with bread dumplings	(beef meat, flour , onion, ground paprika, garlic, marjoram, egg, milk, yeast , bread)
Nain 2	Turkey meatloaf with mashed potatoes and steamed vegetable	(turkey meat, onion, garlic, marjoram, eggs, breadcrumb, flour , potatoes, milk, butter , vegetable)
IENU VEG. VEG	Pumpkin frittata with spinach	(pumpkin, garlic, balcan cheese, egg, cream, milk)
LLERGY FREE*	Moroccan chicken cubes with green olives and rice	(chicken meat, peeled tomatoea, green olives, onion, lemon, ginger, cinnamon, rice)
M Snack VEG	White or fruit yoghurt PARK LANE / Milk rice with fruit	(rice, milk, sugar, cream, butter, fruit compote)
alad	Chef's salad	(lettuce, tomato, cucumber, ham, egg, cheese, bread, yoghurt, tomato purée,
andwich VEG	Baguette with basil pesto, tomatoes and mozzarella	mayonnaise) (baguette, mozzarella , tomatoes, basil, parmesan cheese , garlic)
Fhursday		
oup VEG	Oyster mushrooms soup	(onion, oyster mushroom, garlic, ground paprika, marjoram)
1ain 1	Baked pork with creamy red paprika sauce and pasta	(pork meat, onion, butter , ground paprika, flour, cream , herbs, pasta , egg)
1ain 2	Creamy potato bake with chicken meat and spinach	(potatoes, chicken meat, spinach, cream, garlic, starch, spring onion, nutmeg)
IENU VEG. VEG	Lentil and cauliflower dhal with rice	(lentils, rice, cauliflower, onion, garlic, vindaloo ,tomato, coriander, rice)
LLERGY FREE*	Lentil and cauliflower dhal with baked potatoes	(lentils, rice, cauliflower, onion, garlic, vindaloo, tomato, coriander, potatoes)
M Snack	Wholegrain breadroll with chicken ham and lettuce	(wholegrain breadroll, butter, chicken ham, lettuce)
alad VEG	Mexican street corn salad "Esquites"	(corn, spring onion, pepper, mayonnaise , coriander, lime, garlic)
	Baguette with roastbeef	(baguette, dried tomatoes, onion, butter, mustard , roastbeef, amazon spice,
anaWith	-	horseradish)
hursday	Cabbage soup with sausage	(cabbage, onion, caraway seed, flour, sausage, cream , bayleaves, ground paprika, potatoes)
T hursday	Cabbage soup with sausage Meat balls with mashed potatoes and cranberries	(cabbage, onion, caraway seed, flour, sausage, cream , bayleaves, ground paprika, potatoes) (pork meat, beef meat, onion, flour, breadcrumbs, egg, milk , salt, pepper, potatoes, butter , cranberries, balsamico, starch)
<mark>hursday</mark> יעס ain 1		(pork meat, beef meat, onion, flour, breadcrumbs, egg, milk , salt, pepper, potatoes,
T hursday oup 1ain 1 1ain 2	Meat balls with mashed potatoes and cranberries	(pork meat, beef meat, onion, flour, breadcrumbs, egg, milk , salt, pepper, potatoes, butter , cranberries, balsamico, starch)
Thursday oup Iain 1 Iain 2 IENU VEG. VEG	Meat balls with mashed potatoes and cranberries Baked beef with mushrooms and bread dumplings	(pork meat, beef meat, onion, flour, breadcrumbs, egg, milk , salt, pepper, potatoes, butter , cranberries, balsamico, starch) (beef meat, mushrooms, herbs, onion, flour, yeast , egg, bread)
Thursday oup Main 1 Main 2 MENU VEG. VEG LLERGY FREE*	Meat balls with mashed potatoes and cranberries Baked beef with mushrooms and bread dumplings Indian butter curry with soya and rice	(pork meat, beef meat, onion, flour, breadcrumbs, egg, milk , salt, pepper, potatoes, butter , cranberries, balsamico, starch) (beef meat, mushrooms, herbs, onion, flour , yeast, egg, bread) (soya meat , yoghurt , ginger, garlic, butter , garam masala, tomatoes, curry, rice)
Thursday oup 1ain 1 1ain 2 1ENU VEG. VEG LLERGY FREE* M Snack VEG	Meat balls with mashed potatoes and cranberries Baked beef with mushrooms and bread dumplings Indian butter curry with soya and rice Baked cod fish with herbs and chickpea, zucchini and dried tomatoes	(pork meat, beef meat, onion, flour, breadcrumbs, egg, milk , salt, pepper, potatoes, butter , cranberries, balsamico, starch) (beef meat, mushrooms, herbs, onion, flour , yeast, egg, bread) (soya meat , yoghurt , ginger, garlic, butter , garam masala, tomatoes, curry, rice) (cod , herbs, oil, chickpea, zucchini, dried tomatoes, salt)
Thursday oup Aain 1 Aain 2 AENU VEG. VEG ILLERGY FREE* M Snack VEG alad	Meat balls with mashed potatoes and cranberries Baked beef with mushrooms and bread dumplings Indian butter curry with soya and rice Baked cod fish with herbs and chickpea, zucchini and dried tomatoes Focaccia with tomatoes, peppers and olives	 (pork meat, beef meat, onion, flour, breadcrumbs, egg, milk, salt, pepper, potatoes, butter, cranberries, balsamico, starch) (beef meat, mushrooms, herbs, onion, flour, yeast, egg, bread) (soya meat, yoghurt, ginger, garlic, butter, garam masala, tomatoes, curry, rice) (cod, herbs, oil, chickpea, zucchini, dried tomatoes, salt) (focaccia, dried tomatoes, peppers, olives)
Thursday oup lain 1 lain 2 IENU VEG. VEG LLERGY FREE* M Snack VEG alad andwich VEG	Meat balls with mashed potatoes and cranberries Baked beef with mushrooms and bread dumplings Indian butter curry with soya and rice Baked cod fish with herbs and chickpea, zucchini and dried tomatoes Focaccia with tomatoes, peppers and olives Kenya beans salad	<pre>(pork meat, beef meat, onion, flour, breadcrumbs, egg, milk, salt, pepper, potatoes, butter, cranberries, balsamico, starch) (beef meat, mushrooms, herbs, onion, flour, yeast, egg, bread) (soya meat, yoghurt, ginger, garlic, butter, garam masala, tomatoes, curry, rice) (cod, herbs, oil, chickpea, zucchini, dried tomatoes, salt) (focaccia, dried tomatoes, peppers, olives) (sweet corn, spring onion, bacon, garlic, pepper, lettuce)</pre>
Thursday oup tain 1 tain 2 tENU VEG. VEG LLERGY FREE* M Snack VEG alad andwich VEG	Meat balls with mashed potatoes and cranberries Baked beef with mushrooms and bread dumplings Indian butter curry with soya and rice Baked cod fish with herbs and chickpea, zucchini and dried tomatoes Focaccia with tomatoes, peppers and olives Kenya beans salad	<pre>(pork meat, beef meat, onion, flour, breadcrumbs, egg, milk, salt, pepper, potatoes, butter, cranberries, balsamico, starch) (beef meat, mushrooms, herbs, onion, flour, yeast, egg, bread) (soya meat, yoghurt, ginger, garlic, butter, garam masala, tomatoes, curry, rice) (cod, herbs, oil, chickpea, zucchini, dried tomatoes, salt) (focaccia, dried tomatoes, peppers, olives) (sweet corn, spring onion, bacon, garlic, pepper, lettuce)</pre>
Thursday Dup lain 1 lain 2 LLERGY FREE* M Snack VEG lad andwich VEG riday VEG VEG	Meat balls with mashed potatoes and cranberries Baked beef with mushrooms and bread dumplings Indian butter curry with soya and rice Baked cod fish with herbs and chickpea, zucchini and dried tomatoes Focaccia with tomatoes, peppers and olives Kenya beans salad Sandwich with grilled vegetables and hummus	<pre>(pork meat, beef meat, onion, flour, breadcrumbs, egg, milk, salt, pepper, potatoes, butter , cranberries, balsamico, starch) (beef meat, mushrooms, herbs, onion, flour, yeast, egg, bread) (soya meat , yoghurt , ginger, garlic, butter , garam masala, tomatoes, curry, rice) (cod , herbs, oil, chickpea, zucchini, dried tomatoes, salt) (focaccia , dried tomatoes, peppers, olives) (sweet corn, spring onion, bacon, garlic, pepper, lettuce) (sandwich bread , chickpea, olive oil, coriander, lemon, sesame oil)</pre>
Thursday oup tain 1 tain 2 ten 2 ten VEG ULERGY FREE* M Snack VEG alad andwich VEG Friday VEG tain 1	Meat balls with mashed potatoes and cranberries Baked beef with mushrooms and bread dumplings Indian butter curry with soya and rice Baked cod fish with herbs and chickpea, zucchini and dried tomatoes Focaccia with tomatoes, peppers and olives Kenya beans salad Sandwich with grilled vegetables and hummus Zucchini soup	<pre>(pork meat, beef meat, onion, flour, breadcrumbs, egg, milk, salt, pepper, potatoes, butter , cranberries, balsamico, starch) (beef meat, mushrooms, herbs, onion, flour, yeast, egg, bread) (soya meat , yoghurt , ginger, garlic, butter , garam masala, tomatoes, curry, rice) (cod , herbs, oil, chickpea, zucchini, dried tomatoes, salt) (focaccia , dried tomatoes, peppers, olives) (sweet corn, spring onion, bacon, garlic, pepper, lettuce) (sandwich bread , chickpea, olive oil, coriander, lemon, sesame oil) (onion, zucchini, potatoes, cream , basil, garlic) (turkey meat, onion, garlic , yoghurt , vindaloo, pepper, tomatoes, cream , garlic, rice) (pork meat, ham, pea, gherkin, thyme, bay leaf, carrot, celery, flour, butter, all spice, oil,</pre>
Thursday oup Aain 1 Aain 2 MENU VEG. VEG alad andwich VEG Friday oup VEG Aain 1 Aain 1	Meat balls with mashed potatoes and cranberries Baked beef with mushrooms and bread dumplings Indian butter curry with soya and rice Baked cod fish with herbs and chickpea, zucchini and dried tomatoes Focaccia with tomatoes, peppers and olives Kenya beans salad Sandwich with grilled vegetables and hummus Zucchini soup Turkey tikka masala with rice	<pre>(pork meat, beef meat, onion, flour, breadcrumbs, egg, milk, salt, pepper, potatoes, butter , cranberries, balsamico, starch) (beef meat, mushrooms, herbs, onion, flour, yeast, egg, bread) (soya meat , yoghurt , ginger, garlic, butter , garam masala, tomatoes, curry, rice) (cod , herbs, oil, chickpea, zucchini, dried tomatoes, salt) (focaccia , dried tomatoes, peppers, olives) (sweet corn, spring onion, bacon, garlic, pepper, lettuce) (sandwich bread , chickpea, olive oil, coriander, lemon, sesame oil) (onion, zucchini, potatoes, cream , basil, garlic) (turkey meat, onion, garlic , yoghurt , vindaloo, pepper, tomatoes, cream , garlic, rice)</pre>
Thursday ioup Aain 1 Aain 2 AeNU VEG. VEG Aland Friday VEG Aain 1 Aain 1 VEG Aain 1 VEG Aain 2 VEG	Meat balls with mashed potatoes and cranberries Baked beef with mushrooms and bread dumplings Indian butter curry with soya and rice Baked cod fish with herbs and chickpea, zucchini and dried tomatoes Focaccia with tomatoes, peppers and olives Kenya beans salad Sandwich with grilled vegetables and hummus Zucchini soup Turkey tikka masala with rice Roast pork with creamy vegetable sauce "hamburská" with bread dumplings	<pre>(pork meat, beef meat, onion, flour, breadcrumbs, egg, milk, salt, pepper, potatoes, butter , cranberries, balsamico, starch) (beef meat, mushrooms, herbs, onion, flour, yeast , egg, bread) (soya meat , yoghurt , ginger, garlic, butter , garam masala, tomatoes, curry, rice) (cod , herbs, oil, chickpea, zucchini, dried tomatoes, salt) (focaccia , dried tomatoes, peppers, olives) (sweet corn, spring onion, bacon, garlic, pepper, lettuce) (sandwich bread , chickpea, olive oil, coriander, lemon, sesame oil) (onion, zucchini, potatoes, cream , basil, garlic) (turkey meat, onion, garlic , yoghurt , vindaloo, pepper, tomatoes, cream , garlic, rice) (pork meat, ham, pea, gherkin, thyme, bay leaf, carrot, celery, flour, butter, all spice, oil, mustard , lemon, cream, bread, yeast , milk, egg)</pre>
Thursday Soup Wain 1 Wain 2 WEG VEG Soup Soup VEG Soup VEG Wain 1 Veg Veg Vain 1 Vain 2 Veg	Meat balls with mashed potatoes and cranberries Baked beef with mushrooms and bread dumplings Indian butter curry with soya and rice Baked cod fish with herbs and chickpea, zucchini and dried tomatoes Focaccia with tomatoes, peppers and olives Kenya beans salad Sandwich with grilled vegetables and hummus Zucchini soup Turkey tikka masala with rice Roast pork with creamy vegetable sauce "hamburská" with bread dumplings Pasta with tomato sauce and roasted zucchini	<pre>(pork meat, beef meat, onion, flour, breadcrumbs, egg, milk, salt, pepper, potatoes, butter , cranberries, balsamico, starch) (beef meat, mushrooms, herbs, onion, flour, yeast , egg, bread) (soya meat , yoghurt , ginger, garlic, butter , garam masala, tomatoes, curry, rice) (cod , herbs, oil, chickpea, zucchini, dried tomatoes, salt) (focaccia , dried tomatoes, peppers, olives) (sweet corn, spring onion, bacon, garlic, pepper, lettuce) (sandwich bread , chickpea, olive oil, coriander, lemon, sesame oil) (onion, zucchini, potatoes, cream , basil, garlic) (turkey meat, onion, garlic , yoghurt , vindaloo, pepper, tomatoes, cream , garlic, rice) (pork meat, ham, pea, gherkin, thyme, bay leaf, carrot, celery, flour, butter, all spice, oil, mustard , lemon, cream, bread, yeast , milk, egg) (pasta , onion, garlic, peeled tomatoes, zucchini , cheese)</pre>
ialad VEG Friday Soup VEG Vain 1 Vain 2 VEG ALLERGY FREE*	Meat balls with mashed potatoes and cranberries Baked beef with mushrooms and bread dumplings Indian butter curry with soya and rice Baked cod fish with herbs and chickpea, zucchini and dried tomatoes Focaccia with tomatoes, peppers and olives Kenya beans salad Sandwich with grilled vegetables and hummus Zucchini soup Turkey tikka masala with rice Roast pork with creamy vegetable sauce "hamburská" with bread dumplings Pasta with tomato sauce and roasted zucchini GF pasta with tomato sauce and roasted zucchini	<pre>(pork meat, beef meat, onion, flour, breadcrumbs, egg, milk, salt, pepper, potatoes, butter , cranberries, balsamico, starch) (beef meat, mushrooms, herbs, onion, flour, yeast , egg, bread) (soya meat , yoghurt , ginger, garlic, butter , garam masala, tomatoes, curry, rice) (cod , herbs, oil, chickpea, zucchini, dried tomatoes, salt) (focaccia , dried tomatoes, peppers, olives) (sweet corn, spring onion, bacon, garlic, pepper, lettuce) (sandwich bread , chickpea, olive oil, coriander, lemon, sesame oil) (onion, zucchini, potatoes, cream , basil, garlic) (turkey meat, onion, garlic , yoghurt , vindaloo, pepper, tomatoes, cream , garlic, rice) (pork meat, ham, pea, gherkin, thyme, bay leaf, carrot, celery, flour, butter, all spice, oil, mustard , lemon, cream, bread, yeast , milk, egg) (GF pasta, onion, garlic, peeled tomatoes, zucchini)</pre>





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Parklane IS VALD/NORB/KL

21.10. - 25.10. 2024

VALD/NORB/
Monday

monday		
Soup VEG	Cream of broccoli	(broccoli, butter, cream, flour, onion)
Main 1	Turkey cubes with gravy and rice	(turkey meat, onion, butter, flour , herbs, rice)
Main 2	Baked pork with bacon and bread dumplings	(pork meat, onion, butter , bacon, rosemary, flour, egg , yeast , milk, bread)
MENU VEG. VEG	Chickpea chana masala with cauliflower bulgur	(chickpea, onion, garlic, lemon, coriander, cumin, garam masala, tomato, ginger, bulgur , cauliflower)
ALLERGY FREE*	Chickpea chana masala with baked potatoes	(chickpea, onion, garlic, lemon, coriander, cumin, garam masala, tomato, ginger, baked potatoes)
PM Snack VEG	Sweet bun with cottage cheese	(flour, sugar, oil, egg, baking powder, cottage cheese, butter, milk)
Salad VEG	Tabbouleh	(bulgur, yoghurt, parsley, tomato, cucumber, spring onion, olive oil)
Sandwich	Sandwich with Prague ham, gherkins and egg	(sandwich bread, Prague ham, leek, horseradish, gherkins, lettuce, egg)

Tuesday

Tuesuay		
Soup	Cremy chicken soup with vegetable	(chicken meat, celery , carrot, parsley, butter, flour, cream, milk)
Main 1	Rissoto Bolognese	(rice, celery, beef meat, onion, cloves, olive oil, tomatoes, carrot, parmesan cheese)
Main 2	Potato dumplings stuffed with smoked pork meat, cabbage and onion	(potatoes, flour, milk, egg, smoked pork meat, onion, cabbage, cumin)
MENU VEG. VEG	Peperonata with basil cous cous	(basil, onion, garlic, pepper, tomatoes, cous cous)
ALLERGY FREE*	Rissoto Bolognese	(rice, celery, beef meat, onion, cloves, olive oil, tomatoes, carrot)
PM Snack VEG	White or fruit yoghurt PARK LANE / Strawberry cottage cheese "pribiňák"	(cottage cheese, cream , sugar, strawberry, vanilla)
Salad	Bibimbap	(rice, mushrooms, avocado, onion, chicken meat, soya sprouts , zucchini , egg, hoisin sauce , coriander, sweet chilli, vinegar, sugar)
Sandwich VEG	Tortilla with chickpea-beans tapenade and cheddar cheese	(tortilla, chickpea, beans, sesame oil, cheese, coriander, romaine lettuce)

Indian tomato and red lentil soup	(red lentils, cream , tandoori masala, coriander, vindaloo)
Turkey nuggets with mashed potatoes and corn	(turkey breast, flour, eggs, milk, breadcrumbs, butter, potatoes, corn)
Grilled salmon with herbs and lentil salad	(salmon , lentils, beluga lentil, red lentil, herbs, spinach, onion, garlic, spice)
Gnocchi with "4 formaggi" cheese sauce	(gnocchi, cream, parmesan, edam, gouda, blue cheese)
Grilled salmon with herbs and lentil salad	(salmon , lentils, beluga lentil, red lentil, herbs, spinach, onion, garlic, spice)
Toast with chicken ham and cheese	(toast , chicken ham, cheese, spread butter)
Chicory salad with cherry tomatoes, apple and honey dressing	(chicory, cherry tomatoes, carrot, lettuce, apples, wine vinegar, honey, olive oil)
BBQ chicken sandwich	(sandwich bread, bacon, egg, chicken meat, cheddar cheese, lettuce)
Czech pea soup	(pea, onion, garlic, marjoram, garlic)
Beef with tomato sauce and pasta	(beef meat, tomatoes, celery , bay leaves, sugar , flour , cinnamon, oil, pasta)
	Turkey nuggets with mashed potatoes and corn Grilled salmon with herbs and lentil salad Gnocchi with "4 formaggi" cheese sauce Grilled salmon with herbs and lentil salad Toast with chicken ham and cheese Chicory salad with cherry tomatoes, apple and honey dressing BBQ chicken sandwich Czech pea soup

Sandwich	Baguette with smoked salmon	(baguette, smoked salmon, spread butter, chives)
Salad VEG	Salad with roasted zucchini, mushrooms and broccoli	(broccoli, zucchini, mushrooms, sundried tomatoes, basil, onions, carrot)
PM Snack VEG	Cheesy croissant	(flour, egg , baking powder, yeast, cheese)
ALLERGY FREE*	Grilled pork cutlet with carrot purée and corn [®]	(pork meat, oil, onion, herbs, carrot, potatoes, LF milk, corn)
MENU VEG. VEG	Potato cones with poppy seeds and sugar	(potatoes, flour, milk, butter, eggs, poppy seeds, sugar)
Main 2	Baked turkey cubes with potato dumplings and cabbage	(turkey meat, onion, garlic, cabbage, potatoes, egg, flour, milk)

Friday		
Soup	Beef consommé with vegetable and meat	(celery, carrot, onion, parsley, beef meat)
Main 1	Indian chicken butter sauce curry with rice	(chicken breast, yoghurt, ginger, garlic, vindaloo, butter, garam masala, tomato purée, saffron, bay leaves, rice)
Main 2	Pasta with salmon in tomato sauce	(pasta, salmon , tomatoes, onion, garlic, basil, cheese)
MENU VEG. VEG	Sweet potatoes frittata with spinach and ricotta cheese	(sweet potatoes , ricotta cheese, spinach, egg , potatoes, cream , herbs)
ALLERGY FREE*	GF pasta with salmon in tomato sauce	(GF pasta , salmon , tomatoes, onion, garlic, basil)
PM Snack VEG	Cocoa cottage cheese cake "Míša "	(cottage cheese, sugar, flour, oil, egg, cocoa, baking soda, butter, chocolate)
Salad VEG	Mix leaves salad with egg	(romaine lettuce, raddicio, lolo rosso lettuce, egg , tomatos, olive oil)
Sandwich VEG	Baguette with tomatoes, rucola and basil pesto	(baguette , basil pesto, tomatoes, rucola)





fresh tasty by Zátiší Group