Parklane IS ′KL

03.03-07.03.2025

VALD/NORB/I
Monday

wonuay		
Soup VEG	Cream of broccoli	(broccoli, butter, cream, flour, onion)
Main 1 VEG	Turkey cubes with gravy and rice	(turkey meat, onion, butter, flour , herbs, rice)
Main 2	Baked pork with bacon and bread dumplings	(pork meat, onion, butter , bacon, rosemary, flour, egg , yeast , milk, bread)
MENU VEG. VEG	Chickpea chana masala with cauliflower bulgur	(chickpea, onion, garlic, lemon, coriander, cumin, garam masala, tomato, ginger, bulgur , cauliflower)
ALLERGY FREE*	Chickpea chana masala with baked potatoes	(chickpea, onion, garlic, lemon, coriander, cumin, garam masala, tomato, ginger, baked potatoes)
PM Snack VEG	Sweet bun with cottage cheese	(flour, sugar, oil, egg, baking powder, cottage cheese, butter, milk)
Salad VEG	Tabbouleh	(bulgur, yoghurt, parsley, tomato, cucumber, spring onion, olive oil)
Sandwich	Sandwich with Prague ham, gherkins and egg	(sandwich bread , Prague ham, leek, horseradish, gherkins, lettuce, egg)

Tuesday

Tuesuay		
Soup	Creamy chicken soup with vegetable	(chicken meat, celery , carrot, parsley, butter, flour, cream, milk)
Main 1	Risotto Bolognese	(rice, celery, beef meat, onion, cloves, olive oil, tomatoes, carrot, parmesan cheese)
Main 2	Potato dumplings stuffed with smoked pork meat, cabbage and onion	(potatoes, flour, milk, egg, smoked pork meat, onion, cabbage, cumin)
MENU VEG. VEG	Peperonata with basil cous cous	(basil, onion, garlic, pepper, tomatoes, cous cous)
ALLERGY FREE*	Risotto Bolognese	(rice, celery, beef meat, onion, cloves, olive oil, tomatoes, carrot)
PM Snack VEG	White or fruit yoghurt PARK LANE / Strawberry cottage cheese "pribiňák"	(cottage cheese, cream , sugar, strawberry, vanilla)
Salad	Bibimbap	(rice, mushrooms, avocado, onion, chicken meat, soya sprouts , zucchini , egg, hoisin sauce, coriander, sweet chilli, vinegar, sugar)
Sandwich VEG	Tortilla with chickpea-beans tapenade and cheddar cheese	(tortilla , chickpea, beans, sesame oil , cheese , coriander, romaine lettuce)

Wednesday				
Soup VEG	Indian tomato and red lentil soup	(red lentils, cream, tandoori masala, coriander, vindaloo)		
Main 1	Turkey nuggets with mashed potatoes and corn	(turkey breast, flour, eggs, milk, breadcrumbs, butter, potatoes, corn)		
Main 2	Grilled salmon with herbs and lentil salad	(salmon , lentils, beluga lentil, red lentil, herbs, spinach, onion, garlic, spice)		
MENU VEG. VEG	Gnocchi with "4 formaggi" cheese sauce	(gnocchi, cream, parmesan, edam, gouda, blue cheese)		
ALLERGY FREE*	Grilled salmon with herbs and lentil salad	(salmon , lentils, beluga lentil, red lentil, herbs, spinach, onion, garlic, spice)		
PM Snack	Wholegrain breadroll with chicken ham and cheese	(toast , chicken ham, cheese, spread butter)		
Salad VEG	Chicory salad with cherry tomatoes, apple and honey dressing	(chicory, cherry tomatoes, carrot, lettuce, apples, wine vinegar, honey, olive oil)		
Sandwich	BBQ chicken sandwich	(sandwich bread, bacon, egg, chicken meat, cheddar cheese, lettuce)		
Thursday				
Soup VEG	Czech pea soup	(pea, onion, garlic, marjoram, garlic)		
Main 1	Beef with tomato sauce and pasta	(beef meat, tomatoes, celery , bay leaves, sugar , flour , cinnamon, oil, pasta)		

Sandwich	Baguette with smoked salmon	(baguette, smoked salmon, spread butter, chives)
Salad VEG	Salad with roasted zucchini, mushrooms and broccoli	(broccoli, zucchini, mushrooms, sundried tomatoes, basil, onions, carrot)
PM Snack VEG	Cheesy croissant	(flour, egg , baking powder, yeast, cheese)
ALLERGY FREE*	Grilled pork cutlet with carrot purée and corn [®]	(pork meat, oil, onion, herbs, carrot, potatoes, LF milk, corn)
MENU VEG. VEG	Potato cones with poppy seeds and sugar	(potatoes, fiour, milk, butter, eggs, poppy seeds, sugar)
Main 2	Baked turkey cubes with potato dumplings and cabbage	(turkey meat, onion, garlic, cabbage, potatoes, egg, flour, milk)
Iviain 1		(bee) meat, tomatoes, celery , bay leaves, sagar , jibar , chinamon, on, pasta)

Friday		
Soup	Beef consommé with vegetable and meat	(celery, carrot, onion, parsley, beef meat)
Main 1	Indian chicken butter sauce curry with rice	(chicken breast, yoghurt, ginger, garlic, vindaloo, butter, garam masala, tomato purée, saffron, bay leaves, rice)
Main 2	Pasta with salmon in tomato sauce	(pasta, salmon , tomatoes, onion, garlic, basil, cheese)
MENU VEG. VEG	Sweet potatoes frittata with spinach and ricotta cheese	(sweet potatoes , ricotta cheese, spinach, egg, potatoes, cream , herbs)
ALLERGY FREE*	GF pasta with salmon in tomato sauce	(GF pasta , salmon , tomatoes, onion, garlic, basil)
PM Snack VEG	Cocoa cottage cheese cake "Míša "	(cottage cheese, sugar, flour, oil, egg, cocoa, baking soda, butter, chocolate)
Salad VEG	Mix leaves salad with egg	(romaine lettuce, raddicio, lolo rosso lettuce, egg , tomatos, olive oil)
Sandwich VEG	Baguette with tomatoes, rucola and basil pesto	(baguette , basil pesto, tomatoes, rucola)





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Parklane IS

10.03-14.03.2025

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VALD/NORB/KL	
Monday	

Soup	VEG	Potato cream with basil	(butter , onion, potatoes, garlic,oil, cream , basil)
Main 1		Turkey with creamy paprika sauce and pasta	(turkey meat, onion, butter, ground paprika, flour, cream, pasta)
Main 2		Pork meat with carrots and mashed potatoes	(pork meat, onion, carrot, flour, butter, milk, potatoes, cumin)
MENU VEG.	VEG	Bean pods with peppers and baked potatoes	(bean pods, pepper, crushed tomatoes, onion, garlic, basil, olive oil, potatoes)
ALLERGY FR	EE*	Bean pods with peppers and baked potatoes	(bean pods, pepper, crushed tomatoes, onion, garlic, basil, olive oil, potatoes)
PM Snack	VEG	Homemade Muffin	(egg, flour, banana , baking powder , sugar, butter, oil)
Salad	VEG	Pipirrana Salad	(peppers, red onion, cucumbers, tomatoes, olive oil, herbs,)
Sandwich	VEG	Sandwich with beetroot spread and rucola	(sandwich bread, beetroot, dill, cottage cheese, spread butter, rucola)

Tuesdav

Tuesuay		
Soup	Turkey consommé with vegetable and noodles	(turkey meat, celery, carrot, parsley, noodles)
Main 1	Meat balls with curry sauce and rice	(beef meat, pork meat, flour, egg, yoghurt, butter, onion, garlic, garam masala, tomato, saffron, bay leaf, rice)
Main 2	Turkey oreganata with chickpea, zucchini and dried tomatoes	(turkey meat, herbs, lemon juice, chickpea, dried tomatoes, garlic, olice oil)
MENU VEG. VEG	Vegetable-legume patties with sweet potato purée and butter corn	(carrot, zucchini, chickpea, lentil, egg, flour, breadscrumb , herbs, sweet potatoes, milk , corn, cauliflower)
ALLERGY FREE*	Turkey oreganata with chickpea, zucchini and dried tomatoes	(turkey meat, herbs, lemon juice, chickpea, dried tomatoes, garlic, olice oil)
PM Snack VEG	White or fruit yoghurt PARKLANE / Yoghurt with baked apple and cinnamon	(yoghurt, apple, cinnamon, honey, sugar)
Salad VEG	Cous cous with lentil and cauliflower	(cous cous , cauliflower, carrot, spring onion, coriander)
Sandwich	Baguette with tuna, egg and lettuce	(baguette, butter, tuna, egg, lettuce, spring onion)

Wednesday		
Soup	Spinach soup	(spinach, potatoes, garlic, cream , onion)
Main 1	Pasta with tomato sauce, tuna and basil	(pasta , crushed tomatoes, onion, garlic, basil, garlic, basil, tuna)
Main 2	Pork schnitzel with mashed potatoes and gherkin	(pork meat, potatoes, milk, egg, butter, breadcrumbs , potatoes)
MENU VEG. VEG	Sweet buns with vanilla sauce	(flour, yeast , eggs , vanilla pudding , milk)
ALLERGY FREE*	Baked salmon with herbs, baked potatoes and bean pods	(salmon, herbs, potatoes, bean pods, olive oil, garlic)
PM Snack VEG	Breadroll with red pepper cottage spread and lettuce	(breadroll, ground paprika, pepper, cottage, onion, parsley, lettuce)
Salad VEG	Mix of leaf salads with sundried tomatoes, mozzarella and balsamico	(iceberg lettuce, rucola, red chard, romaine lettuce, chicory, olives, capers, mozzarella , balsamico)
Sandwich	Sandwich with paprika chicken and bacon	(sandwich bread , chicken breast, bacon, spread butter , ground paprika, lettuce)

Thursday		
Soup	Goulash soup	(beef meat, onion, garlic, marjoram, potatoes, flour, caraway seed, ground paprika)
Main 1	Meatloaf with mashed potatoes and steamed vegetable	(pork meat, beef meat, onion, garlic, marjoram, eggs, breadcrumbs, flour , potatoes, milk, butter , vegetable)
Main 2	Beef burrito with corn salad "Esquites"	(beef meat, beans, onion, tomato, garlic, coriander, tortilla , corn, spring onion, pepper, mayonnaise , coriander, lime, garlic)
MENU VEG. VEG	Pasta with creamy zucchini and basil sauce	(pasta , zucchini, cream , garlic, basil, parmesan cheese)
ALLERGY FREE*	Beef Taco risotto	(beef meat, beans, onion, tomato, garlic, coriander, corn, spring onion, pepper, coriander, lime, garlic)
PM Snack VEG	Wholegrain breadroll with avocado spread and egg	(wholegrain breadroll, avocado, egg, spread butter, yoghurt , chives)
Salad	Caesar salad with eggs, croutons and parmesan cheese	(romaine lettuce, spice, egg, bread, cheese, mayonnaise, anchovies, mustard)
Sandwich VEG	Sandwich with grilled vegetables and hummus	(sandwich bread , zucchini, peppers, aubergine, chickpea, coriander, lemon, garlic, tahini sesame paste , herbs)

Friday	Friday			
Soup VEG	Zucchini-tomato soup	(zucchini, crushed tomatoes, onion, garlic, basil, salt)		
Main 1	Beef strips with roasted peppers and rice	(beef meat, onion, peppers, tomato purée, potato starch, worchester, soya sauce , rice)		
Main 2	Chicken patties with cheddar cheese, mashed potatoes and baby carrot	(chicken meat, cheddar cheese, butter, potatoes, cream, milk, baby carrot)		
MENU VEG. VEG	Creamy pasta bake with mushrooms	(pasta, mushrooms, egg, cream, milk, onion, spring onion, herbs)		
ALLERGY FREE*	Beef strips with roasted peppers and rice	(beef meat, onion, peppers, tomato purée, potato starch, worchester, soya sauce , rice)		
PM Snack VEG	Banana cake	(flour, bananas, eggs, baking powder, butter, oil, cinnamon, sugar)		
Salad VEG	Pasta salad with vegetable and broccoli pesto	(pasta , broccoli, olive oil, dried tomatoes, basil, cherry tomatoes , parmesan cheese)		
Sandwich	Tortilla with roastbeef and red cabbage coleslaw salad	(tortilla, roastbeef, red cabbage, carrot, mayonnaise, yoghurt)		





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* suitable for intolerance to three main allergens (gluten, lactose and eggs)

Parklane IS VALD/NORB/KL

17.03. - 21.03. 2025

Monday		
Soup VEG	Pumpkin and tomato soup	(pumpkin, onion, carrot, celery , ginger, thyme, honey, peeled tomatoes)
Main 1	Chicken murgh makhani with rice	(chicken meat, yoghurt , onion, tomatoes, garlic, butter, cream , cinnamon, garam masala, rice)
Main 2	Baked turkey breast with gravy, mashed potatoes and corn	(turkey meat, thyme, garlic, onion, potatoes, milk, flour, butter)
MENU VEG. VEG	Caponata with cous cous	(herbs, carrot, oil sugar, tomato, capers, celery, basil, cous cous)
ALLERGY FREE*	Caponata with rice	(herbs, carrot, oil sugar, tomato, capers, celery , basil, rice)
PM Snack VEG	Czech donut with plum jam and sweet cottage (Vdolek)	(fiour, milk, oil, yeast, cottage, plum,sugar)
Salad VEG	Mixed salad with sundried tomatoes	(peppers, lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic, parmesan cheese, olive oil)
Sandwich	Baguette with smoked salmon	(baquette , smoked salmon, cream cheese , butter , chives)

racouay		
Soup VEG	Czech potato soup	(potatoes, celery, onion, garlic, cumin, marjoram, flour, carrot, mushrooms)
Main 1	Beef meat with garlic sauce, potato dumplings and spinach	(beef meat, onion, garlic, flour, oil, pepper, salt, potatoes, milk, egg, spinach)
Main 2	Creamy potato bake with chicken meat, broccoli and corn	(potatoes, chicken meat, broccoli, corn, cream, parmesan cheese, nutmeg)
MENU VEG. VEG	Vegetarian burrito with cheddar cheese and mix of lettuce	(tortilla, lettuce, carrot, onion, sweet potatoes, cauliflower, beans, cheddar cheese, bbq sauce, coriander)
ALLERGY FREE*	GF pasta with red pepper sauce	(GF pasta, onion, red peppers, peeled tomatoes, basil)
PM Snack VEG	White or fruit yoghurt PARKLANE / Blueberry yoghurt	(yoghurt , honey, blueberries)
Salad	Mix of leaves salad with baked chickpea and tofu	(mix of leaves salads, beetroot, corn, grenaille potatoes, tofu , baked chickpea, herbs dressing)
Sandwich	Brussels baguette	(baguette , chicken breast, roasted onion, blue cheese)

Wednesday		
Soup	Cabbage soup with sausage	(cabbage, onion, caraway seed, flour, sausage, cream, bayleaves, ground paprika, potatoes)
Main 1	Fish fingers with mashed potatoes and steamed pea	(white fish, eggs, flour, milk, breadcrumbs, potatoes, pea)
Main 2	Beef bourgignon with potato gnocchi	(beef meat, bay leaf, celery , thyme, onion, all spice, flour, milk, butter , carrot, tomato, mushrooms, gnocchi)
MENU VEG. VEG	Cauliflower masala with coriander cous cous and red lentil	(cauliflower, spice, herbs, cous cous, red lentil)
ALLERGY FREE*	Baked white fish with chickpea, zucchini and dried tomatoes	(white fish , herbs, lemon juice, chickpea, zucchini, dried tomatoes, garlic, olive oil)
PM Snack VEG	Roll with cottage cheese and chive spread	(roll, cottage cheese, chives , spread butter)
Salad VEG	Beluga lentil with tofu and vegetable	(buluga lentil, red lentil, onion, pepper, gherkin, herbs, tofu , dried tomatoes, capers)
Sandwich	Sandwich with camembert spread	(sandwich bread, camembert cheese, egg , ham, onion, mayonnaise)
Thursday		
Soup	Beef consommé with noodles	(beef meat, celery, carrot, parsley, noodles)
Main 1	Beef with creamy vegetable "svíčková" sauce and bread dumplings	(beef, carrot, celery, onion, oil, all spice, cream, flour, bread, yeast , milk, egg)
Main 2	Slovak gnocchi "halušky" with smoked pork meat and cabbage	(gnocchi , onion, sugar, oil, bacon, cabbage, pork smoked meat, potatoes, eggs, milk, flour)
MENU VEG. VEG	Chinese noodles with vegetables and egg	(noodles, egg, leek, cabbage, mushrooms, red onion, soya sprouts, bamboo sprouts, spring onion, soya sauce, oyster sauce, hoisin sauce, sesame oil, oil, garlic)
ALLERGY FREE*	Beef in aubergine sauce with rice	(beef meat, turmeric, coriander, thyme, garlic, peeled tomatoes, rice)
PM Snack	Butter croissant with ham and cheese	(croissant , ham, cheese)

Salad	Vegetable salad with tuna and mango dip	(iceberg lettuce, lolo roso salad, radicchio, corn, tomato, pepper, tuna , red onion, mango, sweet chilli, coriander)
Sandwich VEG	Wrap with mozzarela, tomatoes and olives	(tortilla , iceberg lettuce, rucola, mozzarella , tomatoes, dried tomatoes pesto, olives)
Friday		

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Soup VEG	Cauliflower with eggs and potatoes	(onion, cauliflower , cream, flour,eggs ,potatoes)
Main 1	Turkey paprikash with pasta	(turkey meat, peppers, onion, ground paprika, flour , garlic, marjoram, pasta)
Main 2	Chicken risotto "Bolognese"	(rice, celery, chicken meat, onion, cloves, olive oil, tomatoes, carrot, parmesan cheese)
MENU VEG. VEG	Coconut curry with vegetable and rice	(pumpkin, chickpea, sugar, pea, sprouts, bamboo, coriander, coconut milk, coconut, cream, rice)
ALLERGY FREE*	Chicken risotto "Bolognese"	(rice, celery, beef meat, onion, cloves, olive oil, tomatoes, carrot)
PM Snack VEG	Apple cake with oat flakes	(apples, oat flakes, flour, egg, sugar, cinnamon, butter, milk, baking powder)
Salad VEG	Greek salad	(peppers, olives, cucumbers, tomatoes, feta cheese)
Sandwich	Baguette with chicken gyros and cucumber	(baguette , chicken meat, gyros spice, cucumber, mayonnaise)





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arklane IS ALD/NORB/	24.0328.03.2025	www.freshandtasty.cz/park
londay		
ip VEG	Zucchini cream	(zuschiej hutter andis opien poteters crann.)
n 1	Spaghetti with meatballs and tomato-basil sauce	(zucchini, butte r, garlic, onion, potatoes , cream) (pasta , beef meat, pork meat, onion, garlic, breadcrumbs, egg , herbs, oil, crushed
in 2		tomatoes, basil, cheese) (turkey meat, sweet potatoes, onion, spring peas, olive oil, red curry, peppers, spice, turkey
	Sweet potatoes curry with turkey meat and rice	meat, coconut milk, chickpea, potato starch, rice)
ENU VEG.	Ratatouille with bulgur	(peeled tomatoes, pepper, zucchini, aubergine, herbs, onion , bulgur)
LERGY FREE*	Ratatouille with rice	(peeled tomatoes, pepper, zucchini, aubergine, herbs, onion, rice)
A Snack VEG	Homemade oat cookies with cranberries	(oat flakes, flour, butter , sugar, egg , vanilla sugar, cinnamon, raisins)
lad VEG	Tomato salad pico de gallo	(tomatoes, spring onion, salt, coriander, onion, lime)
ndwich	Sandwich with camembert cheese and cranberry tapenade	(sandwich bread, camembert cheese , cranberries, balsamico, rucola)
uesday		
up VEG	Chickpea soup with rosemary	(chickpea, rosemary, onion, garlic, tomato purée)
in 1	Baked turkey cubes with steamed cabbage and potato dumplings	(turkey meat, oil, onion, garlic, cabbage, potatoes, egg, flour, milk)
in 2	Baked tuna with mashed potaoes and savoy cabbage with corn	(tuna, herbs, butter, milk , potatoes, savoy cabbage, corn)
NU VEG.	Baked pumpkin with spiced red lentill and balcan cheese	(pumpkin, olive oil, lentil, garlic, ground paprika, spice, cumin, lemon juice, balcan cheese, parsley)
ERGY FREE*	Baked tuna with baked potaoes and savoy cabbage with corn	(tuna , herbs, potatoes, savoy cabbage, corn)
I Snack VEG	White or fruit yoghurt PARKLANE/ Homemade cocoa cottage cheese "pribiňák"	(cottage cheese, cream , sugar, cocoa, vanilla)
lad	Caesar salad with grilled chicken	(romaine lettuce, chicken, spice gyros, eggs, croutons, parmesan cheese, mayonnaise , anchovies, mustard)
ndwich VEG	Baguette with sweet chilli chicken	(baguette , chicken breast, romain lettuce, sweet chilli sauce, mayonnaise)
/odpocdov		
Vednesday		
up	Beef consommé with noodles	(celery, carrot, onion, parsley, noodles, beef meat)
ain 1	Chicken in creamy paprika sauce with pasta	(chicken meat, onion, cream , ground paprika, oil, pasta)
ain 2	Creamy potato bake with smoked pork meat	(potatoes, smoked pork meat, bacon, onion, pea, cream, egg) (zucchini, rice, onion, mushrooms, peppers, cauliflower, garlic, ginger, coriander,
ENU VEG.	Jamie Oliver's vegetarian curry with rice	tomatoes, coconut milk) (zucchini, rice, onion, mushrooms, peppers, cauliflower, garlic, ginger, coriander,
LERGY FREE*	Jamie Oliver's vegetarian curry with rice	tomatoes, coconut milk)
/I Snack	Wholegrain toast with tuna spread	(sandwich bread, spread butter , tuna)
ilad VEG	"Farmer's" chicken salad	(mix of leaves salad, beetroot, corn, grenaille potatoes, chicken breast, herbs dressing)
ndwich	Sandwich with horseradish mayonnaise and bacon	(sandwich bread , horseradish, mayonnaise , bacon, tomatoes, egg , lolo biondo lettuce)
hursday		
up	Frankfurter soup	(onion, sausage, milk, ground paprika, flour)
ain 1	Sweet and sour chicken with vegetables and jasmine rice	(chicken meat, rice, peppers, spring onion, rice vinegar, soya sauce , peeled tomatoes, sugar, potato starch, herbs)
ain 2	Holland schnitzel with mashed potatoes and gherkin	(pork meat, flour, egg, breadcrumbs , potatoes, milk, butter, gherkin)
ENU VEG.	Fruit dumplings with cottage cheese and butter	(flour, eggs, yeast , yoghurt, fruit, cottage cheese, butter, sugar)
LERGY FREE*	GF Pasta Amatriciana	(GF pasta, crushed tomatoes, smoked pork meat, onion, basil)
1 Snack	Tortilla with ham and cheese	(tortilla , ham, cheese , salad , spread butter)
lad VEG	Caprese salad	(tomatoes, basil, rucola, mozzarella)
ndwich	Sandwich with tzatziky spread and chicken meat	(sandwich bread, spread butter, dill, garlic, cuccumber, chicken meat, gyros spice)
riday		
up VEG	Pumpkin cream	(pumpkin, onion, potatoes, butter, cream , thyme)
ain 1	Chilli con carne with corn nachos	(beef meat, beans, onion, tomato, garlic, coriander, corn nachos)
ain 2	Chicken stroganoff with rice	(chicken meat, cream, tomato purée, onion, pepper, gherkin, mushrooms, potato starch,
ENU VEG.	Stir fried vegetables with tofu and chinese noodles	herbs, rice) (bamboo sprouts, tofu, chinese noodles, coriander, zucchini, onion, garlic, carrot, ginger)
LERGY FREE*	Chilli con carne with corn nachos	(beef meat, beans, onion, tomato, garlic, coriander, corn nachos)
A Snack VEG	Carrot cake	(carrot, butter, egg, milk , sugar, vanilla sugar)
	Chana chaat	
lad VEG		(chickpea, red onion, coriander, spring onion, tandori, masala vindaloo)

0 0



Baguette with parma ham, mozzarella and tomato

Sandwich

Parklane IS

31.03.-04.04.2025

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Monda		Carrot and sweet notatoes croam	(correct suggest potentices, opion, butter, second)
Soup	VEG	Carrot and sweet potatoes cream	(carrot, sweet potatoes, onion, butter, cream)
Vlain 1		Turkey goulash with pasta	(chicken breast, flour , cream , ground paprika, onion, pasta)
/lain 2		Thai beef meat wih broccoli and rice	(beef meat, broccoli, garlic, soya sauce, fish sauce , potato starch, ginger, rice)
/IENU VEG.		Aubergine-tomato masala with coriander cous cous	(onion, aubergine, turmeric, coriander, thyme, garlic, peeled tomatoes, cous cous)
LLERGY FRE	E*	Turkey goulash with rice	(chicken breast, rice flour, ground paprika, onion, rice)
M Snack	VEG	Butter choco roll	(flour, milk, yeast, egg, chocolate, baking powder)
alad	VEG	Salad with baked pumpkin and mozzarella	(pumpkin, carrot, buckwheat, raddicchio lettuce, mozzarella, olive oil, balsamico, honey)
andwich		Baguette with ham, cheese and egg	(baguette , pork ham, cheese , eggs , tomatoes, soft cheese)
Гuesda	у		
oup		Chicken consommé with pasta	(celery , carrot, onion, parsley, pasta , chicken meat)
/lain 1		Indian chicken butter sauce curry with rice	(chicken breast, yoghurt , ginger, garlic, vindaloo, butter , garam masala, tomato purée, saffron, bay leaves, rice)
/lain 2		Pork patties with cabbage, mashed potatoes and baby carrots	(pork meat, cabbage, onion, garlic, marjoram, egg, breadcrumb, flour, potatoes, milk, butter, vegetable)
/IENU VEG.	VEG	Vegetable casserol with roasted potatoes	(seasonal vegetable, red and white beans, herbs, potatoes)
LLERGY FRE	E*	Vegetable casserol with roasted potatoes	(seasonal vegetable, red and white beans, herbs, potatoes)
M Snack	VEG	White or fruit yoghurt PARKLANE / Cottage cheese "pribináček"	(cottage cheese , cream , sugar, vanilla)
alad		Pasta salad with chicken meat and fresh vegetables	(pasta, yoghurt, mayonnaise, chicken meat, cucumber, peppers, corn)
andwich	VEG	Baguette with olive pesto and mozzarella	(baguette , olives, mozzarella , rucola, basil, olive oil)
Madina	a da u		
Wedne			
oup	VEG	Red lentil and chickpea soup	(chickpea, red lentil, onion, peeled tomatoes, coriander)
/lain 1		Chicken gyros with tzatziki and pita bread	(chicken meat, gyros spice, cucumber, cream, pita bread)
/lain 2		Chinese twice cooked pork with rice	(pork meat, ginger, soya sauce, potato starch, onion, leek, pepper, rice) (cauliflower, egg, breadcrumbs, herbs, cheddar cheese, corn, butter, pumpkin,
AENU VEG.	VEG	Cauliflower patties with cheese, pumpkin purée and butter corn	potatoes, milk)
LLERGY FRE	E*	Chicken gyros with rice pilaf	(chicken meat, gyros spice, rice, carrot, chickpea, spring onion, coriander)
PM Snack	VEG	Breadroll with egg spread	(" kaiserka " breadroll, egg, mayonnaise, parsley)
alad		Poke salad with tuna and bean pods	(rice, rice vinegar, bean pods, baby spinach, tuna , cucumber, sprouts, lime)
andwich		BLT sandwich	(sandwich bread, mayonnaise, bacon, tomatoes, lettuce)
Thursd	ay		
oup		Creamy turkey soup with vegetable	(turkey meat, celery, carrot, parsley, butter, flour, cream, milk)
/lain 1		Beef stroganoff with rice	(beef meat, cream , tomato purée, onion, pepper, gherkin, mushrooms, potato starch, herbs, rice)
/lain 2		White fish with tomatoes, mozzarella and basil, mashed potatoes and cucumber	(white fish , dried tomatoes, basil, potatoes, milk , butter cucumber, dill)
/IENU VEG.	VEG	Spinach frittata with salad	(potatoes, spinach, cream, egg, onion, cheddar cheese)
LLERGY FRE	E*	Pork risotto and gherkins	(pork meat, rice, carrot, green pea, parsley, onion, peeled tomatoes, gherkin)
M Snack	VEG	Wholegrain kaiserka with cheese and cucumber	(breadroll "kaiserka", butter, cheese, cucumber)
alad	VEG	Tomato salad with peppers and avocado	(tomatoes, green pepper, red onion, avocado, coriander, lemon juice, romaine cumin)
andwich		Reuben sandwich	(sandwich bread, roastbeef, mayonnaise, mustard, gherkins, cabbage, cheddar
			cheese)
Friday			· · · · · · · · · · · · · · · · · · ·
oup	VEG	Czech kulajda	(cream, eggs, onion, mushrooms, dill, vinegar, potatoes, caraway seeds, flour) (pasta, beef meat, peeled tomatoes, onion, carrot, garlic, celery, bayleaves, tomato
Aain 1		Spaghetti Bolognese	purée, parmesan cheese)
/lain 2		Roast pork with bread dumplings and cabbage	(pork meat, onion, flour , garlic, cumin, eggs , cabbage, sugar, bread , yeast, milk)
/IENU VEG.		Palak paneer with rice	(paneer cheese, onion, spinach, garlic, cream, spice, herbs, rice) (GF pasta, beef meat, peeled tomatoes, onion, carrot, garlic, celery, bayleaves, tomato
ALLERGY FRE		GF Spaghetti Bolognese	purée)
PM Snack	VEG	Cocoa cake with cottage cheese	(flour, egg, milk, cottage , sugar, cocoa, starch)
alad		Potato salad with cream fresh, pea and smoked salmon	(potatoes, pea, cream fresh, capers, dill, smoked salmon)
andwich	VEG	Sandwich with baby spinach, cheddar cheese and egg	(sandwich bread, cheddar cheese, egg, butter)



