

## Monday

Soup	VEG	Butter Miso onion soup	( <b>butter</b> , <b>miso paste</b> , onion, rice, ginger, oil, lemon juice, <b>vegetable stock</b> )
Main 1		Turkey with creamy paprika sauce and pasta	(turkey meat, onion, <b>butter</b> , ground paprika, <b>flour</b> , <b>cream</b> , <b>pasta</b> )
Main 2		Pork meat with carrots and mashed potatoes	(pork meat, onion, carrot, <b>flour</b> , <b>butter</b> , <b>milk</b> , potatoes, cumin)
MENU VEG.	VEG	Bean pods with peppers and baked potatoes	(bean pods, pepper, crushed tomatoes, onion, garlic, basil, olive oil, potatoes )
ALLERGY FREE*		Bean pods with peppers and baked potatoes	(bean pods, pepper, crushed tomatoes, onion, garlic, basil, olive oil, potatoes )
PM Snack	VEG	Homemade Muffin	( <b>egg</b> , <b>flour</b> , banana, <b>baking powder</b> , sugar, <b>butter</b> , oil)
Salad	VEG	Salad with radish and edamame soybeans	(radish, vinegar, sugar, peas, <b>soybeans edamame</b> , cucumber, mint, olive oil, lemon)
Sandwich	VEG	Sandwich with beetroot spread and rucola	( <b>sandwich bread</b> , beetroot, dill, <b>cottage cheese</b> , <b>spread butter</b> , rucola)

## Tuesday

Soup	VEG	Red lentil and pumpkin cream	( <b>red lentil</b> , pumpkin, onion, <b>butter</b> , <b>cream</b> , <b>vegetable consommé</b> )
Main 1		Meat balls with curry sauce and rice	(beef meat, pork meat, <b>flour</b> , <b>egg</b> , <b>yoghurt</b> , <b>butter</b> , onion, garlic, garam masala, tomato, saffron, bay leaf, rice)
Main 2		Turkey oreganata with chickpea, zucchini and dried tomatoes	(turkey meat, herbs, lemon juice, chickpea, dried tomatoes, garlic, olive oil)
MENU VEG.	VEG	Vegetable-legume patties with sweet potato purée and butter corn	(carrot, zucchini, chickpea, lentil, <b>egg</b> , <b>flour</b> , <b>breadcrumbs</b> , herbs, sweet potatoes, <b>milk</b> , corn, cauliflower)
ALLERGY FREE*		Turkey oreganata with chickpea, zucchini and dried tomatoes	(turkey meat, herbs, lemon juice, chickpea, dried tomatoes, garlic, olive oil)
PM Snack	VEG	White or fruit yoghurt PARKLANE / Yoghurt with baked apple and cinnamon	( <b>yoghurt</b> , apple, cinnamon, honey, sugar)
Salad	VEG	Cous cous with lentil and cauliflower	( <b>cous cous</b> , cauliflower, carrot, spring onion, coriander)
Sandwich		Baguette with tuna, egg and lettuce	( <b>baguette</b> , <b>butter</b> , <b>tuna</b> , <b>egg</b> , lettuce, spring onion )

## Wednesday

Soup		Turkey consommé with vegetable and noodles	( turkey meat, <b>celery</b> , carrot, parsley, <b>noodles</b> )
Main 1		Pasta with tomato sauce, tuna and basil	( <b>pasta</b> , crushed tomatoes, onion, garlic, basil, garlic, basil, <b>tuna</b> )
Main 2		Pork schnitzel with mashed potatoes and gherkin	(pork meat, potatoes, <b>milk</b> , <b>egg</b> , <b>butter</b> , <b>breadcrumbs</b> , potatoes)
MENU VEG.	VEG	Sweet buns with vanilla sauce	( <b>flour</b> , yeast, <b>eggs</b> , vanilla pudding, <b>milk</b> )
ALLERGY FREE*		Baked salmon with herbs, baked potatoes and bean pods	( <b>salmon</b> , herbs, potatoes, bean pods, olive oil, garlic)
PM Snack	VEG	Breadroll with red pepper cottage spread and lettuce	( <b>breadroll</b> , ground paprika, pepper, <b>cottage</b> , onion, parsley, lettuce)
Salad	VEG	Mix of leaf salads with sundried tomatoes, mozzarella and balsamico	(iceberg lettuce, rucola, red chard, romaine lettuce, chicory, olives, capers, <b>mozzarella</b> , balsamico)
Sandwich		Sandwich with paprika chicken and bacon	( <b>sandwich bread</b> , chicken breast, bacon, <b>spread butter</b> , ground paprika, lettuce)

## Thursday

Soup		Goulash soup	(beef meat, onion, garlic, marjoram, potatoes, <b>flour</b> , caraway seed, ground paprika)
Main 1		Meatloaf with mashed potatoes and steamed vegetable	(pork meat, beef meat, onion, garlic, marjoram, <b>eggs</b> , <b>breadcrumbs</b> , <b>flour</b> , potatoes, <b>milk</b> , <b>butter</b> , vegetable )
Main 2		Beef burrito with corn salad "Esquites"	(beef meat, beans, onion, tomato, garlic, coriander, <b>tortilla</b> , corn, spring onion, pepper, <b>mayonnaise</b> , coriander, lime, garlic)
MENU VEG.	VEG	Pasta with creamy zucchini and basil sauce	( <b>pasta</b> , zucchini, <b>cream</b> , garlic, basil, <b>parmesan cheese</b> )
ALLERGY FREE*		Beef Taco risotto	(beef meat, beans, onion, tomato, garlic, coriander, corn, spring onion, pepper, coriander, lime, garlic)
PM Snack	VEG	Wholegrain breadroll with avocado spread and egg	( <b>wholegrain breadroll</b> , avocado, <b>egg</b> , <b>spread butter</b> , <b>yoghurt</b> , chives )
Salad		Caesar salad with smoked salmon	(romaine lettuce, <b>smoked salmon</b> , spice gyros, <b>eggs</b> , <b>croutons</b> , <b>parmesan cheese</b> , <b>mayonnaise</b> , <b>anchovies</b> , <b>mustard</b> )
Sandwich	VEG	Sandwich with grilled vegetables and hummus	( <b>sandwich bread</b> , zucchini, peppers, aubergine, chickpea, coriander, lemon, garlic, <b>tahini sesame paste</b> , herbs)

## Friday

Soup	VEG	Zucchini-tomato soup	(zucchini, crushed tomatoes, onion, garlic, basil, salt)
Main 1		Beef strips with roasted peppers and rice	( beef meat, onion, peppers, tomato purée, potato starch, <b>worchester</b> , <b>soya sauce</b> , rice )
Main 2		Chicken patties with cheddar cheese, mashed potatoes and baby carrot	(chicken meat, <b>cheddar cheese</b> , <b>butter</b> , potatoes, <b>cream</b> , <b>milk</b> , baby carrot)
Main 3	VEG	Creamy pasta bake with mushrooms	( <b>pasta</b> , mushrooms, <b>egg</b> , <b>cream</b> , <b>milk</b> , onion, spring onion, herbs)
ALLERGY FREE*		Beef strips with roasted peppers and rice	( beef meat, onion, peppers, tomato purée, potato starch, <b>worchester</b> , <b>soya sauce</b> , rice )
PM Snack	VEG	Banana cake	( <b>flour</b> , bananas, <b>eggs</b> , <b>baking powder</b> , <b>butter</b> , oil, cinnamon, sugar)
Salad	VEG	Pasta salad with vegetable and broccoli pesto	( <b>pasta</b> , broccoli, olive oil, dried tomatoes, basil, cherry tomatoes, <b>parmesan cheese</b> )
Sandwich		Tortilla with roastbeef and red cabbage coleslaw salad	( <b>tortilla</b> , roastbeef, red cabbage, carrot, <b>mayonnaise</b> , <b>yoghurt</b> )



## Monday

Soup	VEG	Pumpkin and tomato soup	(pumpkin, onion, carrot, <b>celery</b> , ginger, thyme, honey, peeled tomatoes)
Main 1		Baked turkey breast with gravy, mashed potatoes and corn	(turkey meat, thyme, garlic, onion, potatoes, <b>milk, flour, butter</b> )
Main 2		Beef bourgignon with potato gnocchi	(beef meat, bay leaf, <b>celery</b> , thyme, onion, all spice, <b>flour, milk, butter</b> , carrot, tomato, mushrooms, <b>gnocchi</b> )
MENU VEG.	VEG	Caponata with cous cous	(herbs, carrot, oil sugar, tomato, capers, <b>celery</b> , basil, <b>cous cous</b> )
ALLERGY FREE*		Caponata with rice	(herbs, carrot, oil sugar, tomato, capers, <b>celery</b> , basil, rice)
PM Snack	VEG	Czech donut with plum jam and sweet cottage (Vdolek)	( <b>flour, milk</b> , oil, yeast, <b>cottage</b> , plum, sugar)
Salad	VEG	Mixed salad with sundried tomatoes	(peppers, lettuce, tomatoes, cucumber, olives, sundried tomatoes, garlic, <b>parmesan cheese</b> , olive oil)
Sandwich		Baguette with smoked salmon	( <b>baguette</b> , <b>smoked salmon</b> , <b>cream cheese</b> , <b>butter</b> , chives)

## Tuesday

Soup	VEG	Czech potato soup	(potatoes, <b>celery</b> , onion, garlic, cumin, marjoram, <b>flour</b> , carrot, mushrooms)
Main 1		Beef meat with garlic sauce, potato dumplings and spinach	(beef meat, onion, garlic, <b>flour</b> , oil, pepper, salt, potatoes, <b>milk, egg</b> , spinach)
Main 2		Creamy potato bake with chicken meat, broccoli and corn	(potatoes, chicken meat, broccoli, corn, <b>cream, parmesan cheese</b> , nutmeg)
MENU VEG.	VEG	Vegetarian burrito with cheddar cheese and mix of lettuce	(tortilla, lettuce, carrot, onion, sweet potatoes, cauliflower, beans, cheddar cheese, bbq sauce, coriander)
ALLERGY FREE*		GF pasta with red pepper sauce	(GF pasta, onion, red peppers, peeled tomatoes, basil)
PM Snack	VEG	White or fruit yoghurt PARKLANE / Blueberry yoghurt	( <b>yoghurt</b> , honey, blueberries)
Salad		Caesar salad with eggs, croutons and parmesan cheese	(romaine lettuce, spice, <b>egg, bread croutons, parmesan cheese, mayonnaise, anchovies, mustard</b> )
Sandwich		Brussels baguette	( <b>baguette</b> , chicken breast, roasted onion, <b>blue cheese</b> )

## Wednesday

Soup		Cabbage soup with sausage	(cabbage, onion, caraway seed, <b>flour, sausage, cream</b> , bayleaves, ground paprika, potatoes)
Main 1		Fish fingers with mashed potatoes and steamed pea	( <b>white fish, eggs, flour, milk, breadcrumbs</b> , potatoes, pea)
Main 2		Chicken murgh makhani with rice	(chicken meat, <b>yoghurt</b> , onion, tomatoes, garlic, <b>butter</b> , <b>cream</b> , cinnamon, garam masala, rice)
MENU VEG.	VEG	Cauliflower masala with coriander cous cous and red lentil	(cauliflower, spice, herbs, <b>cous cous</b> , red lentil)
ALLERGY FREE*		Baked white fish with chickpea, zucchini and dried tomatoes	( <b>white fish</b> , herbs, lemon juice, chickpea, zucchini, dried tomatoes, garlic, olive oil)
PM Snack	VEG	Roll with cottage cheese and chive spread	( <b>roll, cottage cheese, chives, spread butter</b> )
Salad	VEG	Beluga lentil with tofu and vegetable	(buluga lentil, red lentil, onion, pepper, gherkin, herbs, <b>tofu</b> , dried tomatoes, capers)
Sandwich		Sandwich with camembert spread	( <b>sandwich bread, camembert cheese, egg</b> , ham, onion, <b>mayonnaise</b> )

## Thursday

Soup		Beef consommé with noodles	(beef meat, <b>celery</b> , carrot, parsley, <b>noodles</b> )
Main 1		Beef with creamy vegetable "svíčková" sauce and bread dumplings	(beef, carrot, <b>celery</b> , onion, oil, all spice, <b>cream, flour, bread</b> , yeast, <b>milk, egg</b> )
Main 2		Slovak gnocchi "halušky" with smoked pork meat and cabbage	( <b>gnocchi</b> , onion, sugar, oil, bacon, cabbage, pork smoked meat, potatoes, <b>eggs, milk, flour</b> )
MENU VEG.	VEG	Chinese noodles with vegetables	( <b>noodles, egg</b> , leek, cabbage, mushrooms, red onion, <b>soya sprouts</b> , bamboo sprouts, spring onion, <b>soya sauce, oyster sauce, hoisin sauce, sesame oil</b> , oil, garlic)
ALLERGY FREE*		Beef in aubergine sauce with rice	(beef meat, turmeric, coriander, thyme, garlic, peeled tomatoes, rice)
PM Snack		Butter croissant with ham and cheese	( <b>croissant</b> , ham, <b>cheese</b> )
Salad		Vegetable salad with tuna and mango dip	(iceberg lettuce, lolo roso salad, radicchio, corn, tomato, pepper, <b>tuna</b> , red onion, mango, sweet chilli, coriander)
Sandwich	VEG	Wrap with mozzarella, tomatoes and olives	( <b>tortilla</b> , iceberg lettuce, rucola, <b>mozzarella</b> , tomatoes, dried tomatoes pesto, olives)

## Friday

Soup	VEG	Cauliflower with eggs and potatoes	(onion, cauliflower, <b>cream, flour, eggs</b> , potatoes)
Main 1		Turkey paprikash with pasta	(turkey meat, peppers, onion, ground paprika, <b>flour</b> , garlic, marjoram, <b>pasta</b> )
Main 2		Chicken Rissoto with tomatoes	(rice, <b>celery</b> , chicken meat, onion, cloves, olive oil, tomatoes, carrot, <b>parmesan cheese</b> )
MENU VEG.	VEG	Coconut curry with vegetable and rice	(pumpkin, chickpea, sugar, pea, sprouts, bamboo, coriander, coconut milk, coconut, <b>cream, rice</b> )
ALLERGY FREE*		Chicken Rissoto with tomatoes	(rice, <b>celery</b> , beef meat, onion, cloves, olive oil, tomatoes, carrot)
PM Snack	VEG	Our chocolate cookies	( <b>chocolate, flour, butter</b> , sugar, <b>egg</b> , vanilla sugar)
Salad	VEG	Greek salad	(peppers, olives, cucumbers, tomatoes, <b>feta cheese</b> )
Sandwich		Baguette with chicken gyros and cucumber	( <b>baguette</b> , chicken meat, gyros spice, cucumber, <b>mayonnaise</b> )



## Monday

Soup	VEG	Zucchini cream	(zucchini, <b>butter</b> , garlic, onion, potatoes, <b>cream</b> )
Main 1		Spaghetti with meatballs and tomato-basil sauce	( <b>pasta</b> , beef meat, pork meat, onion, garlic, <b>breadcrumbs</b> , egg , herbs, oil, crushed tomatoes, basil, <b>cheese</b> )
Main 2		Sweet potatoes curry with turkey meat and rice	(turkey meat, sweet potatoes, onion, spring peas, olive oil, red curry, peppers, spice, turkey meat, <b>coconut milk</b> , chickpea, potato starch, rice)
Main 3	VEG	Ratatouille with bulgur	(peeled tomatoes, pepper, zucchini, aubergine, herbs, onion , <b>bulgur</b> )
ALLERGY FREE*		Ratatouille with rice	(peeled tomatoes, pepper, zucchini, aubergine, herbs, onion , rice)
PM Snack	VEG	Homemade oat cookies with cranberries	( <b>oat flakes</b> , flour, <b>butter</b> , sugar, <b>egg</b> , vanilla sugar, cinnamon, raisins)
Salad	VEG	Tomato salad pico de gallo	(tomatoes, spring onion, salt, coriander, onion, lime)
Sandwich		Sandwich with camembert cheese and cranberry tapenade	( <b>sandwich bread</b> , <b>camembert cheese</b> , cranberries, balsamico, rucola)

## Tuesday

Soup	VEG	Chickpea soup with rosemary	(chickpea, rosemary, onion, garlic, tomato purée)
Main 1		Gnocchi with chicken in creamy broccoli sauce	( <b>gnocchi</b> , <b>cream</b> , chicken meat, broccoli, <b>butter</b> , garlic, <b>parmesan cheese</b> )
Main 2		Baked tuna with mashed potatoes and savoy cabbage with corn	( <b>tuna</b> , herbs, <b>butter</b> , <b>milk</b> , potatoes, savoy cabbage, corn)
Main 3	VEG	Baked pumpkin with spiced red lentil and balcan cheese	(pumpkin, olive oil, lentil, garlic, ground paprika, spice, cumin, lemon juice, <b>balcan cheese</b> , parsley)
ALLERGY FREE*		Baked tuna with mashed potatoes and savoy cabbage with corn	( <b>tuna</b> , herbs, LF milk, potatoes, savoy cabbage, corn)
PM Snack	VEG	White or fruit yoghurt PARKLANE/ Homemade cocoa cottage cheese "příbiňák"	( <b>cottage cheese</b> , <b>cream</b> , sugar, cocoa, vanilla)
Salad		Caesar salad with grilled chicken	(romaine lettuce, chicken, spice gyros, <b>eggs</b> , <b>croutons</b> , <b>parmesan cheese</b> , <b>mayonnaise</b> , <b>anchovies</b> , <b>mustard</b> )
Sandwich	VEG	Baguette with sweet chilli chicken	( <b>baguette</b> , chicken breast, romain lettuce, sweet chilli sauce, <b>mayonnaise</b> )

## Wednesday

Soup		Beef consommé with noodles	( <b>celery</b> , carrot, onion, parsley, <b>noodles</b> , beef meat)
Main 1		Chicken in creamy paprika sauce with pasta	(chicken meat, onion, <b>cream</b> , ground paprika, oil, <b>pasta</b> )
Main 2		Creamy potato bake with smoked pork meat	(potatoes, smoked pork meat, bacon, onion, pea, <b>cream</b> , <b>egg</b> )
Main 3	VEG	Jamie Oliver's vegetarian curry with rice	(zucchini, rice, onion, mushrooms, peppers, cauliflower, garlic, ginger, coriander, tomatoes, <b>coconut milk</b> )
ALLERGY FREE*		Jamie Oliver's vegetarian curry with rice	(zucchini, rice, onion, mushrooms, peppers, cauliflower, garlic, ginger, coriander, tomatoes, <b>coconut milk</b> )
PM Snack		Wholegrain toast with tuna spread	( <b>sandwich bread</b> , <b>spread butter</b> , <b>tuna</b> )
Salad	VEG	Salad with melon, cucumber and balkan cheese	(melon, cucumber, black olives, red onion, <b>balkan cheese</b> , mint, honey, olive oil, lemon juice)
Sandwich		Sandwich with horseradish mayonnaise and bacon	( <b>sandwich bread</b> , horseradish, <b>mayonnaise</b> , bacon, tomatoes, <b>egg</b> , lolo biondo lettuce )

## Thursday

Soup		Frankfurter soup	(onion, <b>sausage</b> , <b>milk</b> , ground paprika, <b>flour</b> )
Main 1		Sweet and sour chicken with vegetables and jasmine rice	(chicken meat, rice, peppers, spring onion, rice vinegar, <b>soya sauce</b> , peeled tomatoes, sugar, potato starch, herbs)
Main 2		Holland schnitzel with mashed potatoes and gherkin	(pork meat, <b>flour</b> , <b>egg</b> , <b>breadcrumbs</b> , potatoes, <b>milk</b> , <b>butter</b> , gherkin)
Main 3	VEG	Fruit dumplings with cottage cheese and butter	( <b>flour</b> , <b>eggs</b> , yeast, <b>yoghurt</b> , fruit, <b>cottage cheese</b> , <b>butter</b> , sugar)
ALLERGY FREE*		GF Pasta Amatriciana	(GF pasta, crushed tomatoes, smoked pork meat, onion, basil)
PM Snack		Tortilla with ham and cheese	( <b>tortilla</b> , ham, <b>cheese</b> , salad , <b>spread butter</b> )
Salad	VEG	Caprese salad	(tomatoes, basil, rucola, <b>mozzarella</b> )
Sandwich		Sandwich with tzatziki spread and chicken meat	( <b>sandwich bread</b> , <b>spread butter</b> , dill, garlic, cucumber, chicken meat, gyros spice)

## Friday

Soup	VEG	Pumpkin cream	(pumpkin, onion, potatoes, <b>butter</b> , <b>cream</b> , thyme)
Main 1		Chilli con carne with corn nachos	(beef meat, beans, onion, tomato, garlic, coriander, corn nachos)
Main 2		Chicken stroganoff with rice	(chicken meat, <b>cream</b> , tomato purée, onion, pepper, gherkin, mushrooms, potato starch, herbs, rice)
Main 3	VEG	Stir fried vegetables with tofu and chinese noodles	(bamboo sprouts, <b>tofu</b> , <b>chinese noodles</b> , coriander, zucchini, onion, garlic, carrot, ginger)
ALLERGY FREE*		Chilli con carne with corn nachos	(beef meat, beans, onion, tomato, garlic, coriander, corn nachos)
PM Snack	VEG	Carrot cake	(carrot, <b>butter</b> , <b>egg</b> , <b>milk</b> , sugar, vanilla sugar)
Salad	VEG	Chana chaat	(chickpea, red onion, coriander, spring onion, tandori, masala vindaloo)
Sandwich		Baguette with parma ham, mozzarella and tomato	( <b>baguette</b> , <b>mozzarella</b> , tomatoes, baby spinach, <b>mustard</b> , honey, olive oil, lemon, ham)



## Monday

Soup	VEG	Carrot and sweet potatoes cream	( carrot, sweet potatoes, onion, <b>butter, cream</b> )
Main 1		Turkey goulash with pasta	( chicken breast, <b>flour, cream</b> , ground paprika, onion, <b>pasta</b> )
Main 2		Thai beef meat wih broccoli and rice	( beef meat, broccoli, garlic, <b>soya sauce, fish sauce</b> , potato starch, ginger, rice )
MENU VEG.	VEG	Aubergine-tomato masala with coriander cous cous	( onion, aubergine, turmeric, coriander, thyme, garlic, peeled tomatoes, <b>cous cous</b> )
ALLERGY FREE*		Turkey goulash with rice	( chicken breast, rice flour, ground paprika, onion, rice )
PM Snack	VEG	Butter choco roll	( <b>flour, milk</b> , yeast, <b>egg, chocolate</b> , baking powder )
Salad	VEG	Salad with baked pumpkin and mozzarella	( pumpkin, carrot, buckwheat, raddicchio lettuce, <b>mozzarella</b> , olive oil, balsamico, honey )
Sandwich		Baguette with ham, cheese and egg	( <b>baguette</b> , pork ham, <b>cheese, eggs</b> , tomatoes, <b>soft cheese</b> )

## Tuesday

Soup		Chicken consommé with pasta	( <b>celery</b> , carrot, onion, parsley, <b>pasta</b> , chicken meat )
Main 1		Indian chicken butter sauce curry with rice	( chicken breast, <b>yoghurt</b> , ginger, garlic, vindaloo, <b>butter</b> , garam masala, tomato purée, saffron, bay leaves, rice )
Main 2		Roast pork with bread dumplings and cabbage	( pork meat, onion, <b>flour</b> , garlic, cumin, <b>eggs</b> , cabbage, sugar, <b>bread, yeast, milk</b> )
MENU VEG.	VEG	Vegetable casseroles with roasted potatoes	( seasonal vegetable, red and white beans, herbs, potatoes )
ALLERGY FREE*		Vegetable casseroles with roasted potatoes	( seasonal vegetable, red and white beans, herbs, potatoes )
PM Snack	VEG	White or fruit yoghurt PARKLANE / Cottage cheese "přibináček"	( <b>cottage cheese, cream</b> , sugar, vanilla )
Salad		Pasta salad with chicken meat and fresh vegetables	( <b>pasta, yoghurt, mayonnaise</b> , chicken meat, cucumber, peppers, corn )
Sandwich	VEG	Baguette with olive pesto and mozzarella	( <b>baguette</b> , olives, <b>mozzarella</b> , rucola, basil, olive oil )

## Wednesday

Soup	VEG	Red lentil and chickpea soup	( chickpea, red lentil, onion, peeled tomatoes, coriander )
Main 1		Chicken gyros with tzatziki and pita bread	( chicken meat, gyros spice, cucumber, <b>cream, pita bread</b> )
Main 2		Chinese twice cooked pork with rice	( pork meat, ginger, <b>soya sauce, potato starch</b> , onion, leek, pepper, rice )
MENU VEG.	VEG	Cauliflower patties with cheese, pumpkin purée and butter corn	( cauliflower, <b>egg, breadcrumbs</b> , herbs, <b>cheddar cheese</b> , corn, <b>butter</b> , pumpkin, potatoes, <b>milk</b> )
ALLERGY FREE*		Chicken gyros with rice pilaf	( chicken meat, gyros spice, rice, carrot, chickpea, spring onion, coriander )
PM Snack	VEG	Breadroll with egg spread	( " <b>kaiserka</b> " breadroll, <b>egg, mayonnaise</b> , parsley )
Salad		Poke salad with tuna and bean pods	( rice, rice vinegar, bean pods, baby spinach, <b>tuna</b> , cucumber, sprouts, lime )
Sandwich		BLT sandwich	( <b>sandwich bread, mayonnaise</b> , bacon, tomatoes, lettuce )

## Thursday

Soup	VEG	Spinach soup	( spinach, potatoes, onion, <b>cream</b> , garlic )
Main 1		Turkey with creamy vegetable "svíčková" sauce and bread dumplings	( turkey meat, thyme, bay leaf, carrot, <b>celery, flour, butter</b> , all spice, oil, <b>mustard</b> , lemon, <b>cream, bread, yeast, milk, egg</b> )
Main 2		White fish with tomatoes, mozzarella and basil, mashed potatoes and cucumber	( <b>white fish</b> , dried tomatoes, basil, potatoes, <b>milk, butter</b> cucumber, dill )
MENU VEG.	VEG	Spinach frittata with salad	( potatoes, spinach, <b>cream, egg</b> , onion, <b>cheddar cheese</b> )
ALLERGY FREE*		Pork risotto and gherkins	( pork meat, rice, carrot, green pea, parsley, onion, peeled tomatoes, gherkin )
PM Snack	VEG	Wholegrain kaiserka with cheese and cucumber	( breadroll " <b>kaiserka</b> ", <b>butter, cheese</b> , cucumber )
Salad	VEG	Tomato salad with peppers and avocado	( tomatoes, green pepper, red onion, avocado, coriander, lemon juice, romaine cumin )
Sandwich		Reuben sandwich	( <b>sandwich bread</b> , roastbeef, <b>mayonnaise, mustard</b> , gherkins, cabbage, <b>cheddar cheese</b> )

## Friday

Soup	VEG	Czech kulajda	( <b>cream, eggs</b> , onion, mushrooms, dill, vinegar, potatoes, caraway seeds, <b>flour</b> )
Main 1		Spaghetti Bolognese	( <b>pasta</b> , beef meat, peeled tomatoes, onion, carrot, garlic, <b>celery</b> , bayleaves, tomato purée, <b>parmesan cheese</b> )
Main 2		Pork patties with cabbage, crushed potatoes and baby carrots	( pork meat, cabbage, onion, garlic, marjoram, <b>egg, breadcrumb, flour</b> , potatoes, <b>milk, butter, vegetable</b> )
MENU VEG.	VEG	Palak paneer with rice	( <b>paneer cheese</b> , onion, spinach, garlic, <b>cream</b> , spice, herbs, rice )
ALLERGY FREE*		GF Spaghetti Bolognese	( GF pasta, beef meat, peeled tomatoes, onion, carrot, garlic, <b>celery</b> , bayleaves, tomato purée )
PM Snack	VEG	Cocoa cake with cottage cheese	( <b>flour, egg, milk, cottage</b> , sugar, cocoa, starch )
Salad		Potato salad with cream fresh, pea and smoked salmon	( potatoes, pea, <b>cream fresh</b> , capers, dill, <b>smoked salmon</b> )
Sandwich	VEG	Sandwich with baby spinach, cheddar cheese and egg	( <b>sandwich bread, cheddar cheese, egg, butter</b> )

\* suitable for intolerance to three main allergens (gluten, lactose and eggs)

